



EOTR Friendship Café/Knoxhill
2700 Jasper ST SE , WDC 20020

July Activity Calendar 2024

Recreation Coordinator David Rodriguez 202-393-9619



	Monday	Tuesday	Wednesday	Thursday	Friday
  	1. 10am- Gossip 11am-Fitness w/Rodney 12pm- Lunch 1pm- Music Hour	2. 10am- News Hour 11am- Comedy Hour 12pm-Lunch 1pm- Bid Whiz	3. Roses/Foreman Mills 10am-12pm 7706 Marlboro Pike Forestville Md 20747 10am-Morning Rush 11am- Community 12pm-Lunch 1pm-Movies * Box Lunches will be provided due to the site being closed Friday 7/5/2024.	4. CLOSED 	5. <u>CLOSED</u>
	8. 10am-New Hours 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm- Lunch 1pm-Discussion	9. 10am- Morning Wake- Up 11am- Arts & Crafts 12pm-Lunch/Nutrition Education w/Ms.Minor 1pm- Bingo	10. 10am-Socializing Hour 11am-Games 12pm- Lunch/SNAP Ed w/Ms.Lockett 1pm-Karaoke	11. 10am- Coffee Soiree 11am-Meditation 12pm- Lunch 1pm-Arts & Crafts	12. 10am-News of the Day 11am-Brain Games 12pm-Lunch 1pm-Bid Whiz
	15. 10am- Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch 1pm-Oldies/Goodies	16. City Center DC 10:30am-12:30pm 1098 New York Avenue NW Washington, DC 10am-12pm 10am-Morning Wake-up 11am-Comedy	17. 10am –News Talk 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm-Lunch 1pm-Painting	18. 10am-News Flash 11am-Arts for Aging 12pm-Lunch 1pm-Assorted Games	19. 10am-Coffee Hour 11am-Word Search 12pm-Lunch 1pm-Spades

		12pm-Lunch 1pm-Music			
	22. 10am- Coffee Hour 11am-Oldies & Goodies 12pm-Lunch 1pm- Bingo	23. 10am-Coffee Hour 11am-Bean Bag Toss 12pm-Lunch/Nutrition Education w Ms. Minor 1pm-Jazz Hour	24. 10am-Coffee Hour 11am-Arts for Aging 12pm-Lunch 1pm-Cards	25. 10am-Coffee Hour 11am- 12pm- Lunch 1pm-Cards	26. Amish Market 10am-12:30pm 5030 Brown Station Rd Upper Marlboro Md 20772 10am-Coffee Hour 11am-Arts for Aging 12pm-Lunch 1pm-Cards
	29. 10am- Coffee Hour 11am-Fitness w/Rodney 12pm-Lunch 1pm-Oldies/Goodies	30. 10am- Java Experience 11am-Story Telling 12pm-Lunch 1pm- Music	31. 10am-Caffiene Time 11am- Bingo 12pm- Lunch 1pm-Birthday Celebration		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.