

EOTR Friendship Café/Knox Hill

2700 Jasper ST SE , WDC 20020

June Activity Calendar 2024



Recreation Coordinator David Rodriguez 202-393-9619

	Monday	Tuesday	Wednesday	Thursday	Friday
thello	3. 10am- Gossip 11am-Fitness w/Rodney 12pm- Lunch 1pm- Music Hour	4. Foreman Mills/Roses 10 am-12:30pm 7702 Marlboro Pike Forestville, MD 20747 10am- News Hour 11am- Comedy Hour 12pm-Lunch 1pm- Bid Whiz	5. 10am-Morning Rush 11am- Community 12pm-Lunch 1pm-Movies	6. 10am-Java Hour 11am-Arts & Crafts 12pm-Lunch 1pm-Discussion on LGBTQ Resources	7. 10am-Coffee Talk 10:30am – 12:00pm Mental Health Session w/ Dr. Crawford 12pm-Lunch 1pm-Card Games
JUNE IS ALZHEIMER'S & BRAIN AWARENESS MONTH	10.10am-New Hour11am-Board Games12pm- Lunch1pm-Discussion	11. 10am- Morning Wake- Up 11am- Painting w/ Rain Young (Theme Juneteenth) 12pm- Lunch 1pm- Bingo	12. 10am-Socializing Hour 11am-Games 12pm- Lunch 1pm-Karaoke	 13. 10am- Coffee Soiree 11am-Meditation 12pm-Lunch/Nutrition Education w/Ms. Minor 1pm-Arts & Crafts 	 14. 10am-News of the Day 11am-Brain Games 12pm-Lunch 1pm-Bid Whiz
JUNE Mational PTSD AWARENESS MONTH	UDC w/Chef Herb & Ms. Minor 4200 Connecticut Avenue NW, WDC 20008 9:30am-1:30pm 10am- Coffee Hour 11am-Brain Games 12pm-Lunch 1pm-Oldies/Goodies	18. 10am-Morning Wake-up 11am-Comedy 12pm-Lunch 1pm-Music (Black Music Month)	19. CLOSED	20. 10am-News Flash 11am-Arts for Aging 12pm-Lunch 1pm-Assorted Games Silver Pride: Joy in Justice 4:00pm-7:30pm 702 8th ST NW, WDC 20068	21. Shoppers 10am-12pm 4801 Marlboro Pike Capitol Heights, MD 20743 10am-Coffee Hour 11am-Word Search 12pm-Lunch 1pm-Spades

PRIDE	24. 10am- Coffee Hour 11am-Oldies & Goodies 12pm-Lunch 1pm- Bingo	25. Senior Symposium 9am -1pm Ballou High School 3401 4th ST SE Washington, DC 20032	26. 10am-Coffee Hour 11am-Arts for Aging 12pm-Lunch 1pm-Cards	27. 10am-Coffee Hour 11am-LGTBQ Resources 12pm- Lunch 1pm-Cards	28. Walmart 10am-12:30pm 6303 Richmond Highway Alexandria, VA 22306 10am- Coffee Social 11am-Community Talk 12pm-Lunch 1pm-Cards
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Part of the Senior Services Network – Supported by the Department of Aging and Community Living.