

EOTR Friendship Café / Mayfair 3744 Hayes ST NE Washington D.C. 20019 Community Dining Site Supervisor George Marrow Jr. 202-249-8986

April 2023

Activity Calendar



Happy
Birthday to
all clients
celebrating
this
month!!!



Mask and COVID19 vaccination mandate has been lifted.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jazz Appreciation Month	April Celebrations National Garden Month National Volunteer Month National Poetry Month Coccupational Therapy Month Fair Housing Month Financial Literacy Month Stress Awareness Month	STRESS AWARENESS MONTH	EARTH DAY 2023 Saturday, 22 April, 2023 Let's take care of our earth by taking care of its ecosystem. WWW.earthreminder.com	CELEBRATING NATIONAL VOLUNTEER MONTH
V	NATIONAL FIND A RAINBOW DAY!	4. (In computer Room) 10:00am Card Games 11:00am Teatime 12:00pm LUNCH TIME 1:00pm BINGO	5. 10:00am Connecting & Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 Cherry Blossom Sightseeing 11:00am-2:00pm 1501 Maine Ave SW Washington DC 20024	6. 10:00am In-person Fitness w/ Rodney 11:00am Easter Egg Hunt 12:00pm LUNCH TIME 1:00pm Art Time	WORLD HEALTH DAY
	10. HAPPY EASTER	11. 10:00am Book Share 11:00am DC Fire EMS In person presentation 12:00pm LUNCH TIME 1:00pm Poetry Read	12. 10:00am Connecting & Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 11:00am Egg Decoration 12:00pm LUNCH TIME 1:00pm TV Time	13. 10:00am In-person Fitness w/ Rodney 11:00am Book Review 12:00pm LUNCH TIME 1:00pm Music Time	14. Stop 1: Dutch County Farmer's Market Stop 2: Walmart Supercenter Laurel Maryland 10:30am-2:30pm
	17.	18. 10:00am Chat & Chew 11:00am Music Hour 12:00pm LUNCH TIME 1:00pm Bean Bag Toss	19. Ellsworth Place 10:00am-1:30pm 8661 Colesville Rd Silver Spring, MD 20910	20. 10:00am In-person Fitness w/ Rodney 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm	INTERNATIONAL TEA DAY
	NATIONAL PET PARENTS DAY	25. 10:00am Connecting & Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 10:30am Paint & Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm Nutrition Ed. w/ Ms. Minor	26. 10:00am YouTube Fitness 11:00am DC Central Kitchen Food Demonstration 12:00pm LUNCH TIME 1:00pm	27. 10:00am In-person Fitness w/ Rodney Picnic at Kenilworth Park & Aquatic Gardens 11:00am-1:00pm 1550 Anacostia Ave NE Washington, DC 20019	28. STOP FOOD WASTE DAY