
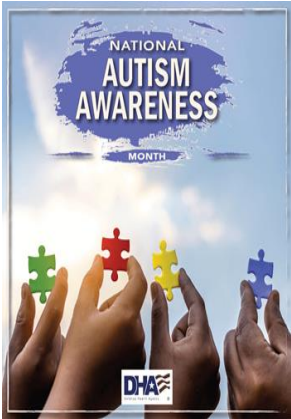





EOTR Friendship Café/Mayfair April Activity Calendar 2024
3744 Hayes ST NE, Washington, DC 20019
Recreation Coordinator George Marrow Jr. 202- 243-8986



	Monday	Tuesday	Wednesday	Thursday	Friday
 	<u>CLOSED</u>	2. 10am- Coffee Hour 11am- Arts of Aging 12pm- Lunch 1pm- Card Games	3. 10am- Chat And Chew 11am- Youtube Movie 12pm- Lunch 1pm- Music Hour	4. 10am- Fitness With Rodney 11am- VIRTUAL SPEAKER AARP 12pm- Lunch 1pm- Card Games	<u>CLOSED</u>
	<u>CLOSED</u>	9. 10am- Youtube Fitness 11am- Arts of Aging 12pm- Lunch 1pm- Brain Games	10. WHITE OAK DUCKPIN BOWLING (\$10 dollars) 10am-1pm 11207 New Hampshire Ave, Silver Spring MD 20904 10am- Coffee Time 11am- Youtube Movie 12pm- Lunch 1pm- Music Hour	11. 10am- Fitness With Rodney 11am-Beanbag Toss 12pm- Lunch 1pm- Card Games	<u>CLOSED</u>
	<u>CLOSED</u>	EMANCIPATION DAY CLOSED	17. 10am- Bean Bag Toss 11am- Chat And Chew 12pm- Lunch 1pm- Card Games	18. 10am- Fitness With Rodney 11am- VIRTUAL SPEAKER AARP 12pm- Lunch 1pm- Brain Games	<u>CLOSED</u>
	<u>CLOSED</u>	23. WALMART 10am-12pm 6303 Richmond Highway Alexandria VA 22306	24. Senior Forum 10am-2pm 4923 East Capitol ST SE 10am- Coffee Hour	25. 10am- Fitness With Rodney 11am- Chat And Chew 12pm- Lunch 1pm- Youtube Movie	<u>CLOSED</u>

 <p>April is ORAL CANCER AWARENESS MONTH</p>		<p>10am-Coffee Time 11am- Chat And Chew 12pm- Lunch 1pm- Bean Bag Toss</p>	<p>11am- Youtube Movie 12pm- Lunch 1pm- Card Games</p>		
	<p>CLOSED</p>	<p>30. NATIONAL MUSEUM OF AFRICAN ART 10am-12pm 950 Independence Ave. SW Wash. DC 20013 10am- Youtube Fitness 11am-Chair Yoga 12pm- Lunch 1pm- Nutrition Education w/Ms.Minor</p>			

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.