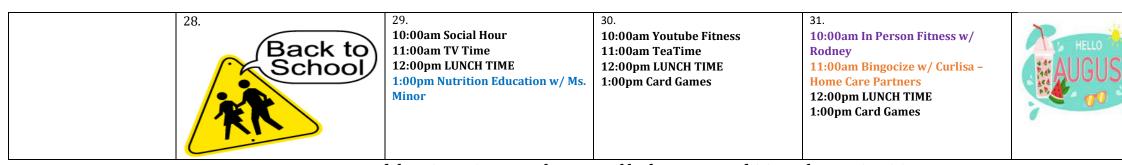


EOTR Friendship Café / Mayfair 3744 Hayes ST NE Washington D.C. 20019 Community Dining Site Supervisor George Marrow Jr. 202-249-8986

August 2023 Activity Calendar



	9001	ge Mailow Jr. 202-249-8980			
Нарру	Monday	Tuesday	Wednesday	Thursday	Friday
Birthday to all clients celebrating this month!!!		1. 10:00am Social Hour 11: 00am Music Hour 12:00pm LUNCH TIME 1:00pm Bean Bag Toss outside (weather permitting)	2. 10:00am YouTube Fitness 11:00am AARP presentation 12:00pm LUNCH TIME 1:00 pm Book Review	3. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm Card Games	4.
S C WE	7. August Mayana	8. 10:00am Coffee Time 11:00am Nutrition Education w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Music Appreciation	9: WALMART TRIP 10:00 am- 12:00 pm 310 Riggs Rd NE, Washington, DC 20011 12:30pm LUNCH TIME at site	10. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm Music Hour	national IMMUNIZATION awareness month
August *	14. August is National Wellness Month	15. 10:00am Current Events 11:00am Oldies Music 12:00pm LUNCH TIME 1:00pm Self Care with Ms. Robinsons	16. 10:00am Youtube Fitness 11:00am TeaTime 12:00pm LUNCH TIME 1:00pm United Health Dual Choice presentation	17. Community Dining Site Closed	AUGUST
	AUGUST IS NATIONAL FAMILY FUN MONTH	22. 10:00am Coffee Time 11:00am Dr. Crawford in-Person counseling 12:00pm LUNCH TIME 1:00pm Card Games	23. MARTIN LUTHER KING 10:00 am- 12:00 pm 901 G St NW, Washington, DC 20001 12:30pm LUNCH TIME at site	24. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa – Home Care Partners 12:00pm LUNCH TIME 1:00pm Arts & Crafts	August is BLACK BUSINESS MONTH



Part of the Senior Services Network – Supported by the Department of Aging and Community Living.