

	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Happy December Birthdays!</p>					
	<p>4.</p>  <p>SAGITTARIUS 22 NOVEMBER - 21 DECEMBER</p>	<p>5.</p> <p>10am- Coffee Hour 11am- Art Painting 12pm- Lunch 1pm- Crossword Puzzle</p>	<p>6.</p> <p>10am -Tea Time 11am- Movie 12pm - Lunch 1pm-Brian Games</p>	<p>7.</p> <p>10am-Fitness w/Rodney 11am- Music Hour 12pm- Lunch 1pm – Card Games</p>	<p>8.</p>  <p>The hidden meaning of the name December Delightful. Enchanting. Cheerful. Easygoing. Magical. Breathtaking. Encouraging. Reliable.</p>
	<p>11.</p>  <p>December Full Cold Moon</p>	<p>12.</p> <p>10am -Youtube Fitness 11am-Tea Time 12pm - Lunch 1pm-Card Games</p>	<p>13.</p> <p>25th Annual Mayor's Senior Holiday Celebration 10am-2pm 2001 East ST SE , Washington, DC</p>	<p>14.</p> <p>10am- Fitness w/Rodney 11am- Nutrition Education w/Ms. Minor 12pm -Lunch 1pm –Open Discussion</p>	<p>15.</p>  <p>December Turquoise Zircon Lapis Lazuli <i>Tanzanite, Zircon and Turquoise are the birthstones for the month of December. The deep blue color of all three of these stones is shine of peace, spirituality & protection.</i></p>

Kindness is always fashionable, and always welcome.”— Amelia Bar

18.



19.

10am –Music Hour
11am- Chat and Chew
12pm - Lunch
1pm- Nutrition Education w/Ms. Minor

20.

US Capitol
10am to 12pm
First Street and East
Capitol ST SE
Washington, DC 20020
12pm- Lunch
1pm- Open Board Games

21.

10am –Fitness w/Rodney
11am- Youtube Fitness
12pm - Lunch
1pm-Cards

22.



25.



26.

10am- Coffee Time
11am- Current Events
12pm- Lunch
1pm- Music Hour

27.

Walmart
10am-12pm
310 Riggs Rd Ne
Washington, DC
20011
12pm- Lunch
1pm- Open Board Games

28.

10am- Fitness w/Rodney
11am-
12pm- Lunch
1pm-

29.



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