

EOTR Friendship Café / Mayfair 3744 Hayes ST NE Washington D.C. 20019 Community Dining Site Supervisor George Marrow Jr. 202-249-8986

July 2023 Activity Calendar



Нарру	Monday	Tuesday	Wednesday	Thursday	Friday
Birthday to	PLASTIC FREE JULY	Happy Fourth of July Our office will be closed July 4th in observance of Independence Day	5. Unique Thrift Store 10:00am-2:00pm 10141 New Hampshire Ave Silver Spring, MD 20903 (Box lunch will be provided)	6. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm NIX TV	JULY IS SARCOMA & BONE CANCER AVENUALS MAINTE
HAPPY JULY RIRIADAY	NATIONAL MINORITY MENTAL HEALTH AWARENESS MONTH	11. 10:00am Arts/ Sketch Hour 11:00am Nutrition Education w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Music Appreciation	12. 10:00am Coffee Chat 11:00am Senior Medicare Patrol presentation - Prescription Drug Costs 12:00pm LUNCH TIME 1:00pm Dual Choice Program Mental Health presentation with Amesha	13. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm Card Games	Dutch Village Farmers Market 10:00am-2:00pm 5030 Brown Station Rd Upper Marlboro, MD 20772 (Box lunch will be provided)
Register for Senior Prom: Sunset Serenade by July 17 th with your		Van Gogh: The Immersive Experience (\$32 per person) 10:45am-2:00pm 524 Rhode Island Ave NE Washington, DC 20002 (Box lunch will be provided)	19. 10:00am Current Events 11:00am Dr. Crawford in- Person counseling 12:00pm LUNCH TIME 1:00pm Open Game Time	20. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm Netflix Documentary	21.
Dining Site Supervisor. Donation of \$20 requested. SENIOR PROM Thursday July 27 th 4pm-8pm	UV SAFETY AWARENESS MONTH	25. 10:00am YouTube Fitness 11:00am Coffee Chat 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor	26. 10:00am Coffee Talk 11:00am Columbo TV 12:00pm LUNCH TIME 1:00pm Music Hour	27. Prom Day 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa - Home Care Partners 12:00pm LUNCH TIME 1:00pm Get Ready for Prom!	SOBBY CLOSED
St. Luke's Catholic Church 4923 E. Capitol St SE Washington DC 20019					