







EOTR Friendship Café/Mayfair
3744 Hayes ST NE, Washington DC 20019
Recreation Coordinator George Marrow Jr. 202-243-8986

July Activity Calendar 2024



	Monday		Wednesday	Thursday	Friday
  	1. <u>CLOSED</u>	2. 10am-Social Hour 11am -Open Games 12pm- Lunch 1pm-Youtube Fitness	3. UNIQUE THRIFT STORE 10am-12:30pm 1014 New Hampshire Avenue, Silver Spring MD 10am- Coffee Hour 11am-Color/Crosswords 12pm- Lunch 1pm- Open Discussion * Box Lunches will be provided due to the site being closed Friday 7/5/2024.	4. CLOSED 	5. <u>CLOSED</u>
	8. <u>CLOSED</u>	9. 10am-Coffee Hour 11am-Senior Medicare Program (SPEAKER) 12pm- Lunch 1pm- Bingo	10. 10am-Social Hour 11am -Bean Bag Toss 12pm- Lunch 1pm- Youtube Video	11. 10am- Fitness w/ Rodney 11am- Music Hour 12pm – Lunch/Nutrition Ed w Ms.Minor 1pm- Brain Games	12. <u>CLOSED</u>



15.	<u>CLOSED</u>	16. 10am- Bean bag Toss 11am- Open Discussion 12pm- Lunch 1pm- Open Games	17. DOROTHY HEIGHT Library 10am-12pm 3935 Benning Road N.E. 10am- Coffee/Tea Time 11am- Open Discussion 12pm- Lunch 1pm- Open Games	18. 10am- Fitness w/Rodney 11am- Social Hour 12pm- Lunch 1pm- Card Games	19. <u>CLOSED</u>
22.	<u>CLOSED</u>	23. 10am-Chat and Chew 11am- Bean Bag Toss 12pm- Lunch 1pm- Bingo	24. 10am- Youtube Music Hour 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm- Lunch 1pm- TV TIME	25. 10am- Fitness Rodney 11am-Music Hour 12pm – Lunch/Nutrition Ed w Ms.Minor 1pm- Card Games	26. <u>CLOSED</u>
29.	<u>CLOSED</u>	30. 10am-Coffee Hour 10:30 to 12pm- Group Mental Health Session w/Patrick Crawford 12pm – Lunch 1pm- Card Games	31. NATIONAL POST OFFICE MUSEUM 10am-12pm 2 Massachusetts Ave. N.E. Wash DC 10am-Coffee Hour 11am –Music Hour 12pm – Lunch 1pm – Card Games		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.