



| <i>Monday</i> | <i>Tuesday</i> | <i>Wednesday</i> | <i>Thursday</i> | <i>Friday</i> | <i>Saturday</i> |
|---|---|------------------|---|---|---|
| <p>August is National Awareness Month for: National Black Business Month National Immunization Awareness Month World Cancer Support Month Spinal Muscular Atrophy Awareness Month</p> | <p>1. Fitness & wellness w/ Rodney Jordan 10a – 12p</p> | <p>2.</p> | <p>3. Chat & Chew w/ Ms. Brown 10a – 12p</p> | <p>4.</p> | <p>5.</p> |
| <p>7.</p> | <p>8. Cooking demo w/ Chef Dre 10a – 12p</p> | <p>9.</p> | <p>10. Bingo w/ Ms. Brown & DC Lottery 10a – 12p</p> | <p>11.</p> | <p>12. </p> |
| <p>14. </p> | <p>15. Stretching & Boxing w/ Greg Outlaw 10a – 12p</p> | <p>16.</p> | <p>17. Sip & Paint w/ Kristina 10a – 12p</p> | <p>18. Parent's Night Out 70's Party @ St. Luke's from 5pm – 9pm</p> | <p>19.</p> |
| <p>21.</p> | <p>22. Sip & Paint w/ Kristina 10a – 12p</p> | <p>23.</p> | <p>24. Cooking demo w/ Chef Dre 10a – 11a Hillcrest Mobile Festival Hillcrest Heights Rec 11a – 2p *transportation provided*</p> | <p>25.</p> | <p>26. </p> |
| <p>28. </p> | <p>29. Stretching & Boxing w/ Greg Outlaw 10a – 12p</p> | <p>30.</p> | <p>31. Amish Market Upper Marlboro, MD 10a – 1p</p> | | |