







April 2023 Activity Calendar

EOTR Friendship Cafe / P.T. Johnson
3440 Minnesota Ave. NE
Washington D.C 20019
Community Dining Site Supervisor
George Marrow 202-249-8986



	Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Happy Birthday to all clients celebrating this month!!!</p>  <p style="text-align: center;">Mask and COVID19 vaccination mandate has been lifted.</p> 	<p style="text-align: center;">Jazz Appreciation Month</p> 	<p style="text-align: center;"><u>April Celebrations</u></p> <ul style="list-style-type: none"> • National Garden Month • National Volunteer Month • National Poetry Month • Occupational Therapy Month • Fair Housing Month • Financial Literacy Month • Stress Awareness Month 	<p style="text-align: center;">APRIL IS STRESS AWARENESS MONTH</p> 	<p style="text-align: center;">HAPPY EARTH DAY 2023</p> <p style="text-align: center;">Saturday, 22 April, 2023</p> <p style="text-align: center;">Let's take care of our earth by taking care of its ecosystem.</p> <p style="text-align: center;">www.earthreminder.com</p> 	<p style="text-align: center;">CELEBRATING NATIONAL VOLUNTEER MONTH</p> 
	<p style="text-align: center;">3.</p> 	<p style="text-align: center;">4.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p style="text-align: center;">5.</p> <p>10:00am Connecting & Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 Cherry Blossom Sightseeing 11:00am-2:00pm 1501 Maine Ave SW Washington DC 20024</p>	<p style="text-align: center;">6.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Easter Egg Hunt</p>	<p style="text-align: center;">7.</p> <p>10:00am YouTube Fitness 11:00am Happy Hour 12:00pm LUNCH TIME 1:00pm TV Time</p>
	<p style="text-align: center;">10.</p> <p>10:00am YouTube Fitness 11:00am Teatime 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p style="text-align: center;">11.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Egg Decoration 12:00pm LUNCH TIME 1:00pm Wind Down Hour</p>	<p style="text-align: center;">12.</p> <p>10:00am Connecting & Coping w/ Dr Crawford on ZOOM Meeting ID: 892-1807-0710 11:00am Bean Bag Toss 12:00pm LUNCH TIME 1:00pm Oldies & Goodies</p>	<p style="text-align: center;">13.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am DC Fire EMS In person presentation 12:00pm LUNCH TIME 1:00pm TV Time</p>	<p style="text-align: center;">14.</p> <p style="text-align: center;">Stop 1: Dutch County Farmer's Market Stop 2: Walmart Supercenter Laurel 10:30am-2:30pm</p>
	<p style="text-align: center;">17.</p> 	<p style="text-align: center;">18.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Paint & Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p style="text-align: center;">19.</p> <p style="text-align: center;">Ellsworth Place 10:00am-1:30pm 8661 Colesville Rd Silver Spring, MD 20910</p>	<p style="text-align: center;">20.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am DC Central Kitchen Food Demonstration 12:00pm LUNCH TIME 1:00pm Music Hour</p>	<p style="text-align: center;">21.</p> <p>10:00am YouTube Fitness 11:00am Movie 12:00pm LUNCH TIME 1:00pm Movie Continued</p>
	<p style="text-align: center;">24.</p> <p>10:00am YouTube Fitness 11:00am Teatime 12:00pm LUNCH TIME 1:00pm Open Game Time</p>	<p style="text-align: center;">25.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm</p>	<p style="text-align: center;">26.</p> <p>10:00am YouTube Fitness 11:00am Current Events 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p style="text-align: center;">27.</p> <p>10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette Picnic at Kenilworth Park & Aquatic Gardens 11:00am-1:00pm 1550 Anacostia Ave NE Washington, DC 20019</p>	<p style="text-align: center;">28.</p> <p>10:00am YouTube Fitness 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Music Hour</p>