




EOTR Friendship Café / P.T. Johnson
 3440 Minnesota Ave NE
 Washington, D.C. 20019
 George Marrow Sr. 202-701-7394

August 2023
Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Happy Birthday to all clients celebrating this month!!!</p>  <p>August</p>		<p>1. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm Trivia</p>	<p>2. 10:00am Current Events 11:00am Arts & Crafts 12:00pm LUNCH TIME 1:00pm Oldies & Goodies</p>	<p>3. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am Music Appreciation 12:00pm LUNCH TIME 1:00pm Wind Down Hour</p>	<p>4. 10:00am Word Search 11:00am Bean Bag Toss 12:00pm LUNCH TIME 1:00 pm Bean Bag Toss outside (weather permitting)</p>	
		<p>7. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am Nutrition Education w/ Ms. Minor 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm Music Appreciation</p>	<p>8. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am Nutrition Education w/ Ms. Minor 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm Music Appreciation</p>	<p>9: WALMART TRIP 10:00 am- 12:00 pm 310 Riggs Rd NE, Washington, DC 20011 12:30pm LUNCH TIME at site</p>	<p>10. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am 12:00pm LUNCH TIME 1:00pm Oldies & Goodies</p>	<p>11. 10:00am Chat & Chew 11:00am Movie 12:00pm LUNCH TIME 1:00pm Netflix Movie</p>
		<p>14. 10:00am Coffee Hour 11:00am Puzzles 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor</p>	<p>15. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am Dr. Crawford in-Person counseling 12:00pm LUNCH TIME 1:00pm Crossword Puzzles</p>	<p>16. 10:00am Youtube Fitness 11:00am United Health Dual Choice presentation 12:00pm LUNCH TIME 1:00pm Open Game Time</p>	<p>17. Community Dining Site Closed</p>	<p>18. 10:00am Social Hour 11: 00am Music Hour 12:00pm LUNCH TIME 1:00pm Bean Bag Toss outside (weather permitting)</p>
		<p>21. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm Trivia</p>	<p>22. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm Trivia</p>	<p>23. MARTIN LUTHER KING 10:00 am- 12:00 pm 901 G St NW, Washington, DC 20001 12:30pm LUNCH TIME at site</p>	<p>24. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00Arts for Aging 12:00pm LUNCH TIME 1:00pm TV Time</p>	<p>25. 10:00am Current Events 11:00am Coffee Hour 12:00pm LUNCH TIME 1:00pm TV Time</p>

	<p>28. 10:00am Puzzles 11:00am Self-Care with Ms. Robinson 12:00pm LUNCH TIME 1:00pm Oldies & Goodies</p>	<p>29. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernetta 11:00am Wind Down Hour 12:00pm LUNCH TIME 1:00pm Trivia</p>	<p>30. 10:00am Coffee Hour 11:00am Puzzles 12:00pm LUNCH TIME 1:00pm Open Game Time</p>	<p>31. 10:00am In Person Fitness w/ Rodney 11:00am Bingocize w/ Curlisa – Home Care Partners 12:00pm LUNCH TIME 1:00pm Card Games</p>	
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Part of the Senior Services Network – Supported by the Department of Aging and Community Living.