

EOTR Friendship Cafe '/ P.T. Johnson 3440 Minnesota Aye. NE Washington D.C 20019 Community Dining Site Supervisor George Marrow 202-249-8986

JANUARY 2023

Activity Calendar



Нарру	Monday	Tuesday	Wednesday	Thursday	Friday
Birthday to all clients celebrating	2. CENTERS CLOSED	3. 10:00am YouTube- Fitness 11:00am New Year's Resolutions 12:00pm LUNCH TIME 1:00pm Card Games	4. 10:00am Teatime 11:00am Arts & Crafts 12:00pm LUNCH TIME 1:00pm Arts & Crafts	5. 10:00am YouTube- Fitness 11:00am Puzzles 12:00pm LUNCH TIME 1:00pm Open Game time	6. 10:00am Coffee hour 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Coloring
this month!!!	9. 10:00am Current Events 11:00am Word Search 12:00pm LUNCH TIME 1:00pm Oldies & Goodies	10. Walmart Supercenter 10:30am-1:00pm 310 Riggs Rd NE Washington, DC 20011	11. 10:00am Teatime 11:00am Current Events 12:00pm LUNCH TIME 1:00pm Card Games	12. 10:00am BODYWISE in person Fitness w. UDC trainer 11:00am Wind Down 12:00pm LUNCH TIME 1:00pm Open Game time	13. 10:00am Sipping Cider 11:00am Checkers 12:00pm LUNCH TIME 1:00pm Dominoes
Birthday JANUARY BORN Facial Masks are	16. CENTER CLOSED MARTIN LUTHER King Jh. Day	17. 10:00am YouTube- Fitness 11:00am Nutrition Education W/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Remembering Dr. King	18. Regal Gallery Place 10:00am-2:00pm 701 7th St NW, Washington, DC 20001 Ticket Price: \$11.66 Whitney Houston: I Wanna Dance with Somebody	19. 10:00am BODYWISE in person Fitness w. UDC trainer 11:00am Arts for Aging coOPERAtion w/ Peter and Carlos 12:00pm LUNCH TIME 1:00pm Oldies & Goodies	20. 10:00am Current Events 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Music Hour
Required. Proof of vaccination required.	23. 10:00am Site Decoration for Lunar New Year 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Oldies & Goodies	24. 10:00am BODYWISE in person Fitness w. UDC trainer 11:00am Oculus Virtual Reality 12:00pm LUNCH TIME 1:00pm Oculus Virtual Reality	25. Anacostia Community Museum Smithsonian Institution 11:00am-1:00pm 1901 Fort Pl SE Washington, DC 20020 Free Admission	26. 10:00am BODYWISE in person Fitness w. UDC trainer 11:00am Word Search 12:00pm LUNCH TIME 1:00pm Checkers	 27. Holocaust Remembrance Day 10:00am Teatime 11:00am Puzzles 12:00pm LUNCH TIME 1:00pm Family Feud
Lunar New Year January 21 st -January 27 th	30. 10:00am Current Events 11:00am Teatime 12:00pm LUNCH TIME 1:00pm Dominoes	31. 10:00am BODYWISE in person Fitness w. UDC trainer 11:00am Nutrition Education <i>W / Ms. Minor</i> 12:00pm LUNCH TIME 1:00pm Bean Bag Toss	CERVICAL CANCER Awareness Month 2022	January CelebrationsCelebration of life WeekCervical Health AwarenessNational Blood DonorNational Soup monthThyroid AwarenessHot Tea month	NATIONAL BLOOD DONOR MONTH

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.