

EOTR Friendship Café/PT Johnson January 2024 Activity Calendar 3440 Minnesota Avenue NE, Washington, DC 20019 Recreation Coordinator George Marrow Sr. 202-243-8986



	Monday	Tuesday	Wednesday	Thursday	Friday
Happy January Birthday	1.CLOSED Happy New Year	<ul> <li>2.</li> <li>10am- Coffee Hour</li> <li>11am- Nutrition Education</li> <li>w/Ms.Minor</li> <li>12pm- Lunch</li> <li>1pm- Trivia</li> </ul>	3. 10am- Coffee Hour 11am- Puzzles 12pm- Lunch 1pm- Open Board Games	4. <b>10am-BODYWISE w/UDC</b> <b>Ms. Vernette</b> 11am-Bean Bag Toss 12pm- Lunch 1pm – Word Search	5. 10am- Coffee Time 11am- Current Events 12pm- Lunch 1pm- Music Hour
January is	8. 10am- Coffee Hour 11am- Word Search 12pm- Lunch 1pm- Trivia	9. <b>10am-BODYWISE w/UDC</b> <b>Ms. Vernette</b> 11am- Puzzles 12pm-Lunch 1pm- Beanbag Toss	10. 10am- Coffee Hour <b>11am- SPIRIT Club</b> 12pm-Lunch 1pm -Trivia	11. <b>10am-BODYWISE w/UDC</b> <b>Ms. Vernette</b> 11am-Bean Bag Toss 12pm- Lunch 1pm – Word Search	12. 10am- Coffee Hour 11am- Puzzles 12pm- Lunch 1pm- Open Board Games
Cervical Cancer Awareness Month Fight, Support & Hope	15. CLOSED	16. <b>10am- BODYWISE</b> <b>w/UDC Ms. Vernette</b> 11am- Social Hour 12pm- Lunch 1pm- Cards	17. 10am- Coffee Hour 11am- Word Search 12pm- Lunch 1pm- Trivia	18. Farmer's Market 11am- 1pm 5030 Brown Station Rd. Upper Marlboro MD 10am- BODYWISE w/UDC Ms. Vernette 11am-Current Events 12pm- Lunch 1pm – Open Discussion	19. 10am- Coffee Hour 11am- Word Search 12pm- Lunch 1pm- Trivia

One small positive thought in the morning	22. 10am- Coffee Time 11am- Current Events 12pm- Lunch 1pm- Music Hour	23. <b>10am-BODYWISE</b> <b>w/UDC Ms. Vernette</b> 11am- Puzzles 12pm-Lunch 1pm- Open Board Games	24. African American Museum 10am -12pm 1400 Constitution Avenue NW 10am- Coffee Hour 11am- SPIRIT Club 12pm-Lunch 1pm -Trivia	25. <b>10am- BODYWISE w/UDC</b> <b>Ms. Vernette</b> 11am- Current Events 12pm- Lunch 1pm- Music Hour	26. 10am- Coffee Hour 11am- Puzzles 12pm- Lunch 1pm- Open Board Games
can change your whole day	29. 10am- Coffee Hour 11am- Puzzles 12pm- Lunch 1pm- Open Discussion	30. 10am-BODYWISE w/UDC Ms. Vernette 11am-Music Hour 12pm-Lunch 1pm- Cards	31. 10am- Coffee Hour 11am- Puzzles 12pm- Lunch 1pm- Open Board Games		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.