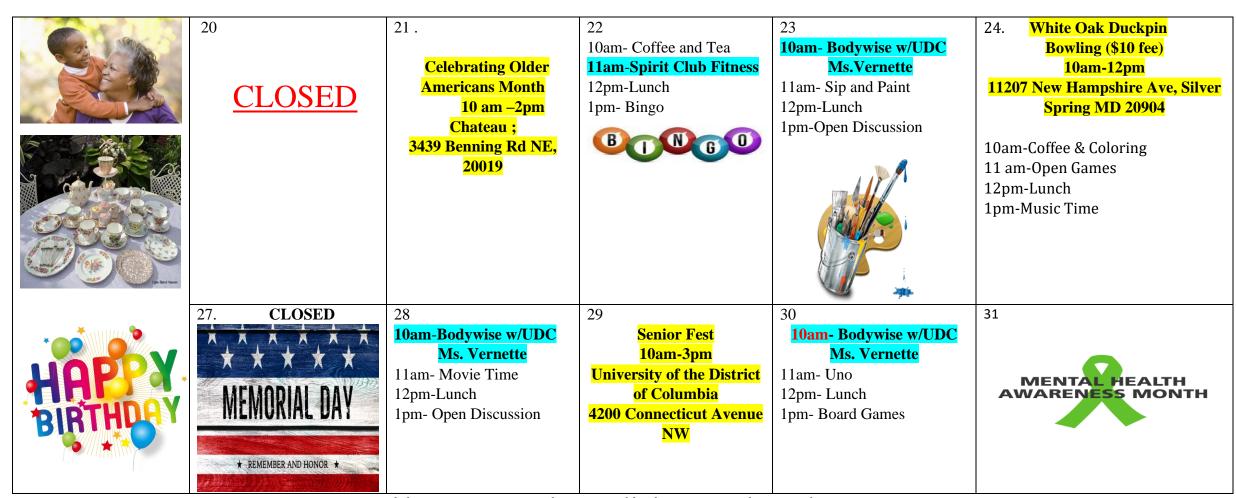


EOTR Friendship PT Johnson/DHH 3440 Minnesota Avenue SE, Washington, DC 20019 Recreation Coordinator Rickya Dodson 646-926-0137





	Monday	Tuesday	Wednesday	Thursday	Friday
			1 10am-Coffee & Tea 11am- Spirit Club Fitness 12pm- Lunch 1pm- Cards and Domino	2 10am- Bodywise w/UDC Ms. Vernette 11am- Popcorn/Movie Time 12pm-Lunch 1pm- Open Talk	3. Roses Store 7706 Marlboro Pike Forestville. Md 20774 10am-11:30am 10am- Chat and Chew 11am-Word Search 12pm-Lunch 1pm-Open Games
HAPPY MOTHER'S DAY	6 CLOSED	7 10am- Bodywise w/UDC Ms. Vernette 11am- Word Search 12pm- Lunch 1pm- Music Hour	8 10am- Sip and Craft (make bouquet of flowers) 11am-Spirit Club Fitness 12pm-Lunch 1pm- Bean Bag Toss	9 10am- Bodywise w/UDC Ms. Vernette 11am- Mindful Coloring 12pm-Lunch 1pm- Open Discussion	10. Dutch Farmers Market 9701 Fort Meade Rd, Laurel, MD 20707 10:00am- 11-30am 10am-Coffee & Tea 11am- Puzzles 12pm-Lunch 1pm-Open Games
	13. 10am- Mother's Day Celebration Tea Party Social/ Best Hat 11am-Spirit Club Fitness 12pm –Lunch 1pm- 2pm Nutrition Education w/Ms. Minor	14 10am- Bodywise w/ UDC Ms. Vernette 11am- Art Hour/ Coloring 12pm- Lunch 1pm- Open Games	15 10am- Coffee & Music 11am- Spirit Club Fitness 12pm-Lunch 1pm-Cards/Dominos	16 10am- Bodywise w/UDC Ms.Vernette 11am- Bingo 12pm- Lunch 1pm- Music Time	17 10am- Coffee & Chat 11am- Live Nutritional Cooking Demo w/ Chef Herb 12pm- Lunch 1pm- Open Games



Part of the Senior Services Network – Supported by the Department of Aging and Community Living.