

## May 2024 Calendar

EOTR Paul Lawerence FRIENDSHIP CAFÉ Nureyev Mitchell, Outreach/Partnership Rec. Coordinator 202-845-3378

> Sandra Jackson Nutrition Aide Melanie Daley Recreation Coordinator



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1. 10:00am-10:30am-Coffee time	2. 10:00am-10:30am- Tea time	3.	4
o shello	409204	10:30am-11:00am-Chat & Chew	10:30am-11am-Spirit Club	10:00am-10:30am-Coffee time	March Calleton
Way		11:00am-12:00-Book Club Info	Virtual Fitness	10:30am-11am-Spirit Club Virtual Fitness	10 - A M OLD
		12:00pm-1:00pm- LUNCH	11:00am-12:00pm-Jewerly Making	11:00am-12:00pm-Making	
		1:00pm-2:00pm-Spirit Club (In- Person) fitness	12:00pm-1:00pm- LUNCH	Healthy Smoothie	
			1:00pm-2:00pm-Ring Toss	12:00pm-1:00pm- LUNCH 1:00pm-2:00pm-Bingo	
6.	7.	0	9.	10.	11.
		8.	Excursion:		11.
10:00am-10:30am-Tea time	10:00am-10:30am-Tea time	10:00am-10:30am-Coffee time	AMISH MARKET  9701 Fort Meade Road	10:00am-10:30am-Coffee time	TI . B 100 I
10:30am-11am-Spirit Club Virtual Fitness	10:30am-11am-Spirit Club Virtual Fitness	10:30am-11am-Quick Line Dance	10:00am-2:00pm	10:30am-11am-Spirit Club Virtual Fitness	The Beautiful
11:00am-12:00pm-Music Hour	11:00am-12:00pm-CHAT-Getting	11:00am-12:00pm-Dancercize	10:00am-11:00am- Coffee Hour	11:00am-12:00pm-Card	M III AM
12:00pm-1:00pm- LUNCH	Organized	12:00pm-1:00pm- LUNCH	12:00pm-1:00pm- LUNCH	Games	Month of May
	12:00pm-1:00pm- LUNCH	1:00pm-2:00pm- Spirit Club Virtual	1:00pm-2:00pm- Return from	12:00pm-1:00pm- LUNCH	Internal and And A
1:00pm-2:00pm-What's On Your Mind	1:00pm-2:00pm-BINGO (with prizes)	fitness	trip/Arts & Crafts		

				1:00pm-2:00pm- Conversation- Healthy Mind Habits	
13. 10:00am-10:30am-Tea time 10:30am-11am-Spirit Club Virtual Fitness 11:00am-12:00pm-Walking Time (Terrace area) 12:00pm-1:00pm- LUNCH 1:00pm-2:00pm- Painting	10:30am-11am-Spirit Club Virtual Fitness 11:00am-12:00pm-Dominos 12:00pm – Chef Demonstration Food Jonezi 12:00pm-1:00pm- LUNCH 1:00pm-2:00pm-Music Hour	Old Americans Month Event 2024 "Powered by COnnection 10am-2pm Busboys and Poets 2021 14 <sup>th</sup> St NW	10:00am-10:30am-Coffee time 10:30am-11am-Spirit Club Virtual Fitness 11:00am-12:00pm-Sketch Art 12:00pm-1:00pm- LUNCH 1:00pm-2:00pm-Finish Sketch Art	17. 10:00am-12:00pm- Celebrating Mother's Day 12:00pm-1:00pm- LUNCH 1:00pm-2:00pm-BINGO	HAPPY Mother's DAY

20.	21.	22.	23.	24.	
10:00am-10:30am-Coffee time	EXCURSION: 10:00AM-2:00PM	10:00am-10:30am-Tea time	10:00am-10:30am-Coffee time	10:00am-10:30am-Tea time	
10:30am-11am-Spirit Club Virtual Fitness	PRIME THRIFT STORE 9880 Washington Blvd N	10:30am-11am- Spirit Club Virtual fitness	10:30am-11am-Spirit Club Virtual Fitness	10:30am-11am-Spirit Club Virtual Fitness	
11:00am-12:00pm-Mother's Day Reflection	LAUREL MARYLAND	11:00am-12:00pm-Gardening 12:00pm-1:00pm- LUNCH	11:00am-12:00pm-Let's Chat Book Club	11:00am-12:00pm-UNO 12:00pm-1:00pm- LUNCH	
12:00pm-1:00pm- LUNCH	12:00pm-1:00pm- LUNCH	1:00pm-2:00pm- BING (with	12:00pm-1:00pm- LUNCH	1:00pm-2:00pm-BINGO	
1:00pm-2:00pm-Music Hour	1:00pm-2:00pm-Open Conversation	Prizes)	1:00pm-2:00pm-Line Dancing		
27.	28.	29.	30.	31.	
	10:00am-10:30am-Coffee time	DC Mayor Bowser's	10:00am-10:30am-Coffee time	Bus Trip: Walmart 10am-1:30pm	
	10:30am-11am- Spirit Club Virtual Fitness	Senior Fest At The University of the	10:30am-11am- Spirit Club Virtual Fitness	8745 Branch Ave Clinton, MD	
	11:00am-12:00pm-Dominos	District of Columbia 4200 Connecticut Ave	11:00am-12:00pm-Paint with me	10:00am - 11:00-Coffee Hour	
MEMORIAL	12:00pm-1:00pm- LUNCH	10am-3pm	12:00pm-1:00pm- LUNCH	12:00pm - 1:00pm- LUNCH	
DAY	1:00pm-2:00pm-Brain Games		1:00pm-2:00pm-Open Journaling	12.00pm 100pm 20.00x	
DAI					
REMEMBERING & HONORING ALL WHO SERVED					
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