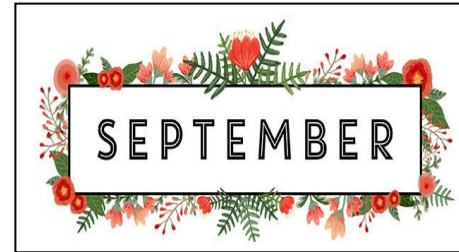










Paul L. Dunbar Friendship Café

Mrs. Ziairra Bauhan/ Outreach
Coordinator
(202) 845-3378
Mrs. M. Dailey Recreation Coordinator



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2. Labor Day Holiday</p> 	<p>3. 10:00am-TEA TIME 11:00am-Table crafts 12:00pm – LUNCH 1:00pm-2:00pm-BINGO</p>	<p>4. 10:00 am- COFFEE HOUR 11:00 am-CHECKERS Noon – LUNCH 1:00pm-2:00pm-BRAIN GAMES</p>	<p>5. 10:00 am-TEA TIME 11:00 am-CHAIR EXCERCISE Noon – LUNCH 1:00pm-2:00pm- English As A Second Language Class</p>	<p>6. Amish Market 9701 Fort Meade Rd MD, Laurel 10:00am-2:00pm</p>	<p>7. </p>
<p>9. 10:00am-TEA TIME 11:00am-BOOK CLUB 12:00pm – LUNCH 1:00pm-2:00pm-BRAIN GAMES</p>	<p>10. 10:00 am-COFFEE HOUR 11:00 am-BOX ART Noon – LUNCH 1:00pm-2:00pm- English As A Second Language Class</p>	<p>11. Leders Garden 4801 Nannie Helen Burroughs NE 10:00am- 12:00am 12:00pm – LUNCH 1:00pm-2:00pm-STORY TIME</p>	<p>12. 10:00am-COFFEE HOUR 11:00am-REMEMBER WHEN? 12:00pm – LUNCH 1:00pm-2:00pm-SPOON RACE</p>	<p>13. 10:00am-TEA TIME 11:00am-GET READY FALL 12:00pm – LUNCH 1:00pm-2:00pm-BINGO</p>	<p>14. </p>
<p>16. 10:00am-COFFEE HOUR 11:00am-ART & CRAFTS 12:00pm– LUNCH 1:00pm-2Pm-MUSIC HOUR</p>	<p>17. 10:00am-TEA TIME 11:00am-I WANT TO DANCE 12:00pm – LUNCH 1:00pm-2:00pm-ARTS & CRAFTS</p>	<p>18. 10:00am-COFFEE HOUR 11:00am- English As A Second Language Class 12:00pm – LUNCH 1:00pm-2:00pm-OUTDOORS LOUNGING</p>	<p>19. Bladensburg Waterfront Park 4601 Annapolis RD Bladensburg, MD (BOAT RIDE) 10:00am-2:00pm</p>	<p>20. 10:00am-COFFEE HOUR 11:00am-UNO 12:00pm –1:00PM- Chef Demonstration/ LUNCH 1:00pm-2:00pm-BINGO</p>	<p>21. </p>
<p>23. </p>	<p>24. 10:00am-COFFEE HOUR 11:00am-DOMINOS 12:00pm – LUNCH 1:00pm-2pm-CHAT TIME</p>	<p>25. Mayor Bowser presents The 7th Annual Brain Games 10:00am-2:00pm At: Martin Luther King Library</p>	<p>26. 10:00am-COFFEE HOUR 11:00am-DOMINOS 12:00pm – LUNCH 1:00pm-2pm PLANS OCTOBER</p>	<p>27. 10:00am-TEA TIME 11:00am-Table crafts 12:00pm – LUNCH 1:00pm-2:00pm-BINGO</p>	<p>28.</p>

30. 10:00am-COFFEE HOUR 11:00am-LOOMING 12:00pm – LUNCH 1:00pm-2pm -SAND ART	 A graphic for Prostate Cancer Awareness Month. It features a blue ribbon on the left. The text "SEPTEMBER IS PROSTATE CANCER AWARENESS MONTH" is written in blue and black. The background has light blue circular patterns.		 A graphic for Leukemia Awareness Month. It features an orange ribbon on the left. The text "LEUKEMIA AWARENESS MONTH" is written in white and black, with "September" in a script font below it. The background is a solid orange color.		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living