

EOTR Sarah's Circle FRIENDSHIP CAFÉ

Vacant Outreach/Partnership Rec. Coordinator Phyllis Adams, Nutrition Aide Phylis Adams, Recreation Coordinator Leniqua'dominique Jenkins, Program Manager (202) 845-3384





Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. 10:00am-11:00-Coffe&Tea 11:30-12:00-Chit,Chat 12:00pm-1:00 LUNCH 1:30-2:00-music	2. 10:00am-11:00-Coffee&Tea 11:00am-11:30-Spiritclub virtual fitness 12:00pm-1:00- LUNCH 1:30pm-2:00-Word search	3. Fredrick Douglas Historical Site/ Home House 1411 W St. SE 10am~1:30pm Note: Box lunches will be provided for the dining site closure on Friday, July 5th	4. The dining site will be closed	5. The Dining site will be closed	6. July is Sarcoma Awareness Month
8. 10:00am-11:00 Coffee&Tea 11:00am-11:30am-Spirit club virtual 11:30am-12:00pm – Chit,Chat 12:00pm-1:00pm-Lunch 1:30pm-2:00pm-Music Oldies	 9. 10am-10:30am- Hot coffee & Hot news topic discussion 10:30am-12:00pm- "Group Counseling Session" by Dr. Crawford 12:00p1:00 – LUNCH 1:30pm-2:00pm-Checkers,uno 	10. 10:00am-12:00pm- Lederes Garden "Grocery Shuttle" (free produce) 4801 Nannie Helen Burroughs Ave. 11:00-12:00-Bingo 12:00pm-1:00pm – LUNCH 1:30-2:00pm-Puzzles	 11. 10:00am-11:00-Coffee&Tea 11:00am- Patrotic Holiday Craft 12:00pm-Chef demonstrations 12:00pm-1:00pm- LUNCH 1:30pm-2:00pm-Cards,Spades 	12. KenilworthPark& Aquatic gardens/ 1900 Anacostia Ave. SE 20020 10am- 1:30pm	13. JULY is National HIV AWARENESS MONTH
15. 10:00am-11:00am- Coffee&Tea 11:00-11:30am-Spirit club virtual 11:30-12:00 –Chit Chat 12:00-1:00pm-Lunch 1:30-2:00pm-Word Search	16. 10:00am-11:00am-Coffee&Tea 10:30am-12:00pm-Movie 12:00pm-1:00pm-LUNCH 1:30pm-2:00pm-	 17. 10:00am-11:00am-Coffe&Tea 11:00am-12:00pm- Connet4,Puzzles 12:00pm-1:00 – LUNCH 1:30pm-2:00pm-Music Hour 	18. 10:00am-11:00am-Coffee&Tea 11:00am-12:00pm-Patrotic holiday craft 12:00pm-1:00pm – LUNCH 1:30-2:00pm-Puzzles	19. 10:00-11:00am- Coffee&Tea 11:00am-Art (paint) 12:00pm-1:00-Lunch 1:30-2:00pm-Trivia Game	20.

22. 10:00am-11:00-Coffee&Tea 11:00-11:30am-Table gardening activity 11:30am-12:00pm Chit,Chat 12:00-1:00-Lunch 1:30-2:00pm-Music Hour	23. 10:00am-11:00am-Coffee&Tea 11:00-12:00pm-Movies 12:00pm-1:00pm – LUNCH 1:30-2:00pm-Spades card	24.~ 10:00am-11:00am-Coffee&Tea 11:00-11:30am-Spirit club virtual 11:30-12:00 –Chit Chat 12:00-1:00pm-Lunch 1:30-2:00pm-Word Search	25. 10:00am-11:00am-Coffee&Tea 11:00am-11:30- Patrotic Holiday Craft 12:00pm-1:00-LUNCH 1:30pm-2:00pm	26. 10:00am-Coffee&Tea 11:00am-12:00-Bingo 12:00pm-1:00- LUNCH 1:30-2:00-Music Oldies	27.] FIBROID AWARENESS MONTH
29. 10:00am-11:00-Coffee&Tea 11:00am-12:00pm-Art&Craft 12:00pm-1:00-LUNCH 1:30-2:00-Riddled&Rhymes Trivia	30. 10:00am-11:00-Coffee&Tea 11:00am-12:00-SpiritClub virtuals 12:00pm-1:00 LUNCH 1:30-2:00pm-Puzzles	31. Bladensburg Water Park/ 4601 Annapolis Rd. Bladenburgs, MD 10am- 1:30pm	JULY 2022 BONE CANCER AWARENESS MONTH	July is UV SAFETY MONTH	NATIONAL MINORITY MENTAL HEA AWARENESS MONTH

Part of the Senior Services Network – Supported by the Department of Aging and Community Living