



June 2024 Calendar



EOTR Sarah Circle FRIENDSHIP CAFÉ
 Leniqua' dominique Jenkins, Program Manager Ward 1
 202-845-3384
 Phyllis Adams Recreation Coordinator



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>3.</p> <p>10:00am-10:30am-Coffee & Tea Discuss Our Weekend.</p> <p>10:30am-11:00am-Spirit Club Fitness</p> <p>11:00am-12:00pm-Movie</p> <p>12:00pm-1:00pm Lunch</p> <p>1:00pm-2:00pm-Cards Spade</p>	<p>4.</p> <p>10:00am-10:30am-Coffee&Tea Hour</p> <p>10am-11:00am-Spirit Club Fitness</p> <p>11:00am-12:00pm-Cool Down</p> <p>12:00pm-1:00pm-Lunch</p> <p>1:30pm-2:00pm- Table Games,Uno,Checkers</p>	<p>5.</p> <p>Excursion: Lunchtime Lawn Concert: Harlem and the Heartbeats 14800 Governor Oden Bowie Dr. 10am-2pm</p>	<p>6.</p> <p>10:00am-10:30am-Coffee/Tea</p> <p>10:30am-11:00am-Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm-Card Games</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:00pm-2:00pm- Group Choice</p>	<p>7.</p> <p>10:00am-10:30am-Coffee &Tea Hour</p> <p>10:30am-11:00am-Spirit Club Virtual Fitness</p> <p>11:00-12:00pm-Pot Holder Making</p> <p>12:00pm-1:00pm-Lunch</p> <p>1:30pm-2:00pm-Engaging in Puzzles</p>	<p>8..</p>

<p>10.</p> <p>10:00am-11:00am- Coffee&Tea hour</p> <p>10:30am-11:00am-Spirit Club Virtual Fitness</p> <p>11:00am- 12:00pm-What's Happen in the World</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:30pm-2:00pm-Card Spade</p>	<p>11.</p> <p>10:00am-10:30am- Coffee&Tea</p> <p>10:30 am-12pm-Speaker: Patrick Crawford/ Group counseling session on Mental Health</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:30pm-2:00pm-Music</p>	<p>12.</p> <p>10:00am-10:30am- Coffee/Teatime</p> <p>10:30am-11:00am- Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm-Name That Tune</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:00pm-2:00pm- Chair Exercises</p>	<p>13.</p> <p>10:00am-10:30am-Coffee/Tea</p> <p>10:30am-11:00am-Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm-Brain Games</p> <p>12:00pm – Chef Demonstrations / Food Tasting</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:00pm-2:00pm- Music Hour</p>	<p>14.</p> <p>10:00am-10:30am- Coffee/Tea Time</p> <p>10:30am-11:00am- Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm- Professionally guided Sip & Paint session hosted by: Rain Young (Theme: Juneteenth)</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:00pm-2:00pm- Fathers Day Celebration</p>	<p>15.</p> <p>Ms. Senior DC Pageant DACL & DC Mayor Muriel Bowser</p> <p>1:00pm – 3:00pm</p> <p>Tickets : \$20</p> <p>UDC Auditorium (Building 46)</p> <p>4200 Connecticut Avenue NE</p>
<p>17.</p> <p>10:00am-10:30am-Coffee& Tea</p> <p>10:30am-11:00am-Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm-Speaker: Preventing Medicare Fraud</p> <p>12:00pm-1:00pm-Lunch</p> <p>1:00pm-2:00pm-Brain Games</p>	<p>18.</p> <p>10:00am-11:00am-Coffee &Tea</p> <p>10:30am-11am-Spirit Club Virtual fitness</p> <p>11:00am- 12:00pm-Celebrate Juneteenth</p> <p>12:00pm-1:00pm-Lunch</p> <p>1:30pm-2:00pm- Table puzzles</p>	<p>19.</p> 	<p>20.</p> <p>Excursion</p> <p>Silver Pride: Joy In Justice</p> <p>Date: June 20th</p> <p>Time: 4:00 pm – 7: 30 pm</p> <p>Location: Pepco Edison Place 702 8th Street NW</p> <p>10:00am-11:00am-Coffee&Tea Time</p> <p>10:30am-11am- Spirit Club Virtual Fitness</p> <p>11:00am-12:00pm- Presentation: AARP Group Education in-person session</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:00pm-2:00pm- Card Games</p>	<p>21.</p> <p>Excursion: Anacostia Museum: 1901 Fort PL SE 10am-2pm</p> <p>12:00pm-1:00pm- LUNCH</p> <p>1:30pm-2:00pm-Music</p>	<p>22</p> 

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10:00am-10:30am-
Coffee/Tea Time

10:30am-11:00am- Spirit
Club Virtual Fitness

11:00am-12:00pm-Brain
Games

12:00pm-1:00pm-LUNCH

1:00pm-2:00pm- Memory
Lane Photos

25

**Mayor Bowser's 13th
Annual Senior
Symposium Senior
Symposium
Ballou High School
10am – 1:00pm
3401 4th Street SE**

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**Excursion
White Oak Bowling
11207 New Hampshire Ave.
Silver Spring MD
10am-2pm**

27

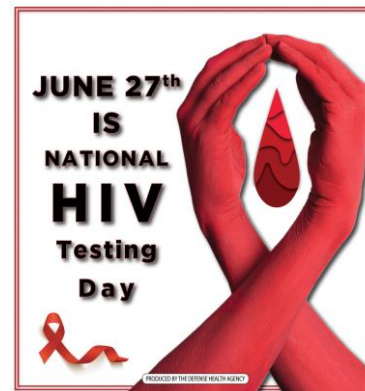
10:00am-10:30am- Coffee/Tea Time

10:30am-11am- Spirit Club Virtual
Fitness

11:00am-12:00pm-Ring Toss/Bean
Toss

12:00pm-1:00pm- LUNCH

1:00pm-2:00pm-Music/Dance Hour



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10:00am-11:00-Coffee&Tea

10:30am-11:00-Spirit Club
Virtual fitness

**11:00am-12:00pm-Black
Music Month Activity**

12:00pm-1:00pm- LUNCH

1:30pm-2:00pm-Music Oldies
but Goodies



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