







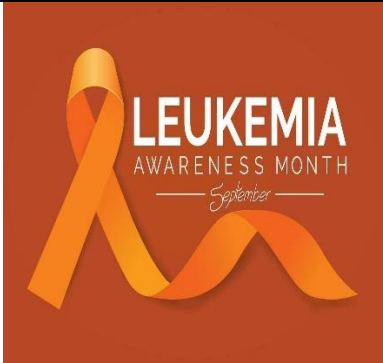


EOTR Sarah's Circle FRIENDSHIP CAFÉ

Ziairra Baughn/Partnership Rec. Coordinator
202-845-3378
Mrs. Phylis Adams, Nutrition Aide
Mrs. Phylis Adams, Recreation Coordinator



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2. Labor Day Holiday</p> 	<p>3. 10:00am-TEA TIME 11:00am-Table crafts 12:00pm – LUNCH 1:00pm-2:00pm-BINGO</p>	<p>4. 10:00 am-11:00-Coffee&Tea 11:00 am-12:00-Arts&Craft 12:00-1:00-Lunch 1:30-2:00-Table puzzles</p>	<p>5. 10:00 am-11:00-Coffee&Tea 11:00am-12:00-Spades tourment 12:00-1:00-Lunch 1:30-2:00pm- Painting activity</p>	<p>6. Amish market Dutch County Famer's Market 9701 Fort Meade Rd, Laurel MD 10:00am-2:00pm</p>	<p>7.</p> 
<p>9. 10:00am-10:30am- Coffee&Tea 10:30am-12:00- Group Mental Health Counseling Session with Dr. Crawford 12:00pm-1:00 Chef demonstration/ LUNCH 1:30pm-2:00- Table crafts</p>	<p>10. 10:00 am-11:00-Coffee&Tea 11:00-12:00-Bingo 12:00-1:00- LUNCH 1:30pm-2:00-Checkers,Puzzles</p>	<p>11. Lederer's Garden 4801 Nannie Helen Burroughs Ave 10:00am-12:00pm 12:00pm-1:00-LUNCH 1:30-2:00-Crafts</p>	<p>12. 10:00am-11:00-Coffee&Tea 11:00am-11:30-Virtual Fitness 11:30pm –12:30-Bingo Poker 12:00-1:00-Lunch 1:30-2:00-Word Search</p>	<p>13. 10:00am-11:00-Coffee&Tea 11:00am-Movies 12:00pm-1:00 LUNCH 1:30pm-2:00-Connet checkers</p>	<p>14.</p> 
<p>16. 10:00am-11:00-Coffee&Tea 10:30am-12:00- Group Mental Health Counseling Session with Dr. Crawford 12:00pm-1:00 Chef demonstration/ LUNCH 1:30pm-2:00-Coloring Sheets</p>	<p>17. 10:00am-11:00-Coffee&Tea 11:00am-12:00-Bingo 12:00pm-1:00- LUNCH 1:30pm-2:00-Group Discussion On things they would like to do or any changes</p>	<p>10:00am-11:00-Coffee&Tea 11:00am-11:30-Virtual Fitness 1130-12:00-Pun Intend 12:00-1:00-Lunch 1:30-2:00pm- Crafts</p>	<p>19. Library of Congress 101 Independence Ave. SE 10:00am-2:00pm</p>	<p>20. 10:00am-11:00Coffee&Tea 11:00am-12:00-Eraser Painting 12:00pm-1:00-LUNCH 1:30pm-2:00- Table gardening</p>	<p>21.</p> 

23. 	24. 10:00am-11:00-Coffee&Tea 11:00am-12:00-Poker Bingo 12:00pm-1:00-LUNCH 1:00pm-2:00-Music and Dancing	25. Mayor Bowser presents The 7th Annual Brain Games At: Martin Luther King Libaray Time: 10:00am-2:00pm	26. 10:00am-11:00-Coffee&Tea 11:00am-11:30-Virtual Fitness 12:00pm-1:00 LUNCH 1:30-2:00-Name that Tune	27. 10:00am- Coffee&Tea 11:00am-12:00-Movies 12:00pm-1:00- LUNCH 1:30-2:00-Unscabble the word	28.
30. 10:00am-11:00-Coffee&Tea 11:00am-11:30-Virtual fitness 11:30-12:00pm – Tic,Tik,Toe 12:00-1:00pm-Lunch 1:30-2:00- Table crafts					

Part of the Senior Services Network— Supported by the Department of Aging and Community Living