




EOTR SENIOR HEALTH & WELLNESS PROGRAM
 4020 Minnesota Avenue NE, Washington, DC 20019
 Kajah Watkins, Outreach Coordinator 202-423-6725
 April Lee, EOTR Program Coordinator 202-669-3727

SEPTEMBER 2024

Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September is National Awareness Month for: Blood Cancer Awareness Month Food Safety Awareness Month Gynecologic Cancer Awareness National Vascular Disease Awareness Month National Yoga Month Prostate Cancer Month Suicide Prevention Awareness World Alzheimer's Month	September is National Awareness Month for: Healthy Aging Month National Cholesterol Ed Month National Fruits & Veggies Month National Sickle Cell Awareness Ovarian Cancer Awareness Month Pain Awareness Month Sexual Health Awareness Month				
2. LABOR DAY HOLIDAY ERFSC OFFICE WILL BE CLOSED	3.	4.	5.	6.	7.
9. 	10.	11.	12.	13. Meet & Greet w/ Kajah Watkins, SHWP Outreach Coordinator 10:00am – 2:00pm Knox Hill (Ward 8) 2700 Jasper Street SE Arthur Capper (Ward 8) 1000 5 th Street SE	14.
16.	17. Community Fair (Ward 1) Hattie Holmes Senior Wellness Center 10:00am – 2:00pm 324 Kennedy Street NW	18.	19.	20. Senior Breakfast Club (SHWP) Founding Farmers 10:30am – 12:30pm 1924 Pennsylvania Ave NW	21.
23. 	24. Meet & Greet w/ Kajah Watkins, SHWP Outreach Coordinator 10:00am – 2:00pm Kenilworth (Ward 7) 2700 Jasper Street SE Mayfair (Ward 7) 1000 5 th Street SE PT Johnson/ DHH Program (Citywide/ Ward 7) 3440 Minnesota Avenue SE	25. DACL Brain Games 10:00am – 2:00pm Martin Luther King Jr. Library 900 G Street NW	26. Meet & Greet w/ Kajah Watkins, SHWP Outreach Coordinator 10:00am – 2:00pm Washington Senior Wellness Center (Ward 7) 3001 Alabama Avenue SE	27.	28.

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