






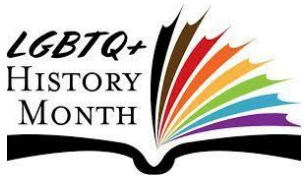








EOTR Friendship Cafe '   
 VIRTUAL CALENDAR   
 4301 9<sup>th</sup> Street SE, Wash, DC 20032   
 Laura Napoleon, Program Manager   
 202-603-0132

**October 2022   
 Activity Calendar**



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>ZOOM Meeting ID #</b> <b>951 4112 0645</b> <b>CALL IN #</b> <b>301 715-8592</b></p> <p><b>Please know that after October 19<sup>th</sup>, all virtual programming will end. Rodney will be in person at your local Friendship Cafes.</b></p> <p><b>Happy Birthday to all clients celebrating this month!!!</b></p>  <p><b>Facial Masks are Required.</b></p> 	<p>3. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p>	<p>4. </p>	<p>5. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p>	<p>6. <b>Mad Hatter Day! Wear a silly hat!</b> </p>	<p>7. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p>
	<p>10. <b>SITES CLOSED!</b> </p>	<p>11. </p>	<p>12. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p>	<p>13. </p>	<p>14. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p>
	<p>17. <b>10:00am Fitness w/ Rodney ON ZOOM</b> 951 4112 0645</p> <p><b>LAST VIRTUAL FITNESS SESSION WITH RODNEY.</b></p> <p><b>Please join us for in person activities and trips, at one of our Friendship Cafés.</b></p>	<p>18. </p>	<p>19. <b>IN PERSON FITNESS WITH RODNEY JORDAN RESUMES!</b></p>	<p>20. <b>10:00am In-person Fitness w/ Rodney Mayfair Mansions 3744 Hayes St NE Washington, DC 20019</b> contact Supervisor George Marrow Jr. for assistance 202-249-8986</p> <p><b>11:30am In-person Fitness w/ Rodney Kenilworth Friendship Café 4321 Ord ST NE Washington DC 20019</b> contact Supervisor Marie Segears 202-744-9157</p>	<p>21. </p>
	<p>24. <b>11:00am In-person Fitness w/ Rodney Knox Hill Friendship Café 2700 Jasper St SE Washington, DC 20020</b> for assistance contact Supervisor Mamie Holmes 202-285-9576</p>	<p>25.  <i>World Pasta Day October 25</i></p>	<p>26.  <b>OCTOBER</b></p>	<p>27. <b>10:00am In-person Fitness w/ Rodney Mayfair Mansions 3744 Hayes St NE Washington, DC 20019</b> for assistance contact Supervisor George Marrow Jr. 202-249-8986</p> <p><b>11:30am In-person Fitness w/ Rodney Kenilworth Friendship Café 4321 Ord ST NE Washington DC 20019</b> contact Supervisor Marie Segears 202-744-9157</p>	<p>28. </p>
	<p>31. <b>11:00am In-person Fitness w/ Rodney Knox Hill Friendship Café 2700 Jasper St SE Washington, DC 20020</b> For assistance contact Supervisor Mamie Holmes 202-285-9576</p>	<p></p>	<p><u>Celebrated this month</u></p> <ul style="list-style-type: none"> <li>• Breast Cancer Awareness</li> <li>• National Economic Education</li> <li>• Down Syndrome Awareness Emotional Wellness</li> <li>• National Arts &amp; Humanities</li> <li>• LGBT History</li> <li>• National Chiropractic Month</li> </ul>		