



EQTR SENIOR HEALTH & WELLNESS PROGRAM
4020 Minnesota Avenue NE, Washington, DC 20019
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SEPTEMBER 2024

Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September is National Awareness Month for: Blood Cancer Awareness Month Food Safety Awareness Month Gynecologic Cancer Awareness National Vascular Disease Awareness Month National Yoga Month Prostate Cancer Month Suicide Prevention Awareness World Alzheimer's Month	September is National Awareness Month for: Healthy Aging Month National Cholesterol Ed Month National Fruits & Veggies Month National Sickle Cell Awareness Ovarian Cancer Awareness Month Pain Awareness Month Sexual Health Awareness Month				
2. LABOR DAY HOLIDAY ERFSC OFFICE WILL BE CLOSED	3.	4. Columbia Heights 10am-2pm (Resource Packet) 2900 14 th St. NW	5.	6.	7.
9. 	10. Paul L Dunbar 11am (Meet & greet) 2001 15 th St. NW	11.	12.	13.	14.
16.	17. Hattie Holmes SWC Health & Wellness Center (Tabling) 10am-2pm 324 Kennedy St NW, Washington DC 20011	18. Tabling at Trinity Towers 10am-12pm 3023 14 th St, NW Outreach Letter Columbia Heights 12:30pm 2900 14 th St, NW	19. Outreach Letter Harvard Towers (11am) 1845 Harvard St, NW	20.	21.
23. 	24. Outreach Intro Letter Sarah Circle 10am-2pm 2551 17 th St. NW	25.	26.	27.	28.

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Part of the Senior Services Network – Supported by the Department of Aging and Community Living