



## East of the River Regional Socialization Hub

### Weekend Nutrition Program

### In-Person Activities—June 2024

202-441-0963



Saturday June 1, 2024	Saturday June 8, 2024	Saturday June 15, 2024	Saturday June 22, 2024	Saturday June 29, 2024
10:00 am Fitness w/ Rodney	10:00 am Fitness w/Rodney	10:00 am Fitness w/ Rodney	10:00am Fitness w/Rodney	10:00 am Fitness w/ Rodney
10:00 am “Men’s Health Film” 10:45 am Community Announcements	10:00 am Celebrate “Ice Cream” Month 10:45 am Community Announcements	9:30 am Zeta Phi Beta Sorority Inc , Beta Zeta Chapter - Community Service Project ” 10:45 am Community Announcements	10:00 am “Men’s Health Film” 10:45 am Community Announcements	10:00 am “Let’s get Ready for the 4th of July Celebration” Summer BBQ Tips— George Forman Grill Day 10:45 am Community
11:00 am Trip: DC Armory Farmer’s Market	11:00 am Trip: Rita’s Ice Cream Parlor, Rhode Island Ave Parlor	11:00 am Trip: Miller’s Farm	11:00 am Trip: Cheesecake Factory Downtown DC	11:00 am Trip: Walmart– Clinton Md. Capital Pride, Resource Table
11:00 am—12:00 pm LUNCH	11:00 am -12:00 pm LUNCH	11:00 am—12:00 pm LUNCH	11:00am –1:00pm Lunch	11:00 am—12:00 pm LUNCH
12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games	12:00 pm-2:00 pm Senior Cinema & Games



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