

EOTR Friendship Cafe '/ Kenilworth 4321 Ord Street N.E. Washington D.C 20019 Community Dining Site Supervisor Marie Segears 202-423-6725

December 2022

Activity Calendar



> HAPPY <

	Monday	Tuesday	Wednesday	Thursday	Friday
Happy Birthday to all clients	Strating's	December Celebrations National Cheetah Day Dec 3 Gingerbread House Day Dec 12 Influenza Vaccination Human Rights Week World Aids Awareness Identity Theft Prevention & Awareness	* Happy Holidays *	1. 11:00am Tea Time 11:30am Fitness w/ Rodney 12:30pm LUNCH TIME 1:30pm Chat & Chew 2:00pm Bean Bag Toss	2. 11:00am YouTube- Fitness 11:00am Movie Time 12:00pm LUNCH TIME 1:00pm Movie Continued
celebrating this month!!! Huppy December Birthday	5. 11:00am YouTube- Fitness w/ Paul Eugene 12:00am LUNCH TIME 1:00pm Wind Down Hour 2:00pm Bean Bag Toss	6. 24th Annual Mayor's Annual Holiday Celebration 9:00am-2:00pm DC Armory 2001 East Capitol Street SE Washington, DC 20003	7. 11:00am YouTube- Fitness w/ Paul Eugene 12:00pm LUNCH TIME 1:30pm Arts for Aging in Person Turning Back the Clock with Kathy and Chris (Live bassist) 2:30pm Open Time	8. 11:00am Coffee Time 11:30am Fitness w/ Rodney 12:30pm LUNCH TIME 1:30pm Open Game Time 2:00pm Site Holiday Decoration	9. 10:00am Checkers 11:00am Gingerbread Decorations 12:00pm LUNCH TIME 1:00pm Music Time
Special Wiskes You You	12. 11:00am SNAP Ed. w. Ms. Minor 12:00am LUNCH TIME 1:00pm Oldies & Goodies 2:00pm Wind Down Hour	13. 11:00am You Tube - Fitness 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games	14. 11:00am YouTube- Fitness w/ Paul Eugene 12:00pm LUNCH TIME 1:00pm Guess Who Game 2:00pm Bean Bag Toss	15. 11:00am Tea Time 11:30am Fitness w/ Rodney 12:30pm LUNCH TIME 1:30pm Word Search 2:00pm Card Games	16. Christmas Holiday Party 10:00am-2:00pm Fort Stanton Recreation Center 1812 Erie St SE Washington, DC 20020
Facial Masks are Required.	19. 11:00am YouTube- Fitness w/ Paul Eugene 12:00am LUNCH TIME 1:00pm Virtual Reality 2:00pm Virtual Reality	20. 11:00am You Tube - Fitness 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games	21. Arundel Mills Outlet Mall 11:00am-2:00pm 7000 Arundel Mills Circle Hanover, MD 21076	22. 11:00am Coffee Time 11:30am Fitness w/ Rodney 12:30pm LUNCH TIME 1:30pm Family Feud 2:00pm Bean Bag Toss	23. 10:00am Oldies but Goodies 11:00am Holiday snack 12:00pm LUNCH TIME 1:00pm Gift Wrapping
Proof of vaccination required.	26.	27. 11:00am Nutrition Ed. w. Ms. Minor 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games	28. AMF Marlow Heights Lane 11:00am-2:00pm 4747 St. Barnabas Rd. Temple Hills, MD 20748	29. 11:00am Tea Time 11:30am Fitness w/ Rodney 12:30pm LUNCH TIME 1:30pm Remembering the Year 2:00pm Remembering the Year	30. 11:00am YouTube- Fitness 11:00am Movie 12:00pm LUNCH TIME 1:00pm Movie Continued Here an available Twee Participant Continued

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.