






EOTR Friendship Cafe / Kenilworth
 4321 Ord Street N.E.
 Washington D.C 20019
 Community Dining Site Supervisor
 Marie Segears 202-423-6725

February 2023 Activity Calendar



<p style="text-align: center;">Happy Birthday to all clients celebrating this month!!!</p>  <p style="text-align: center;">Facial Masks are Required.</p> <p style="text-align: center;">Proof of vaccination required.</p>	Monday	Tuesday	Wednesday	Thursday	Friday
			1. 11:00am Arts for Aging w/ Wendy and Deborah 12:00pm LUNCH TIME 1:00pm Dominoes 2:00pm Music Hour	2. Groundhog Day 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Arts & Crafts 2:00pm Open Card Games	3. Stop 1: 2nd Ave Thrift Superstore 11:00am-12:15pm Stop 2: Dutch Village Amish Market 12:45pm-2:00pm
6. 11:00am Youtube Fitness 12:00pm LUNCH TIME 1:00pm In-person Cooking Demo w. Chef Katrell (Food Bag Provided) 2:00pm Bean Bag Toss	7. 11:00am Current Events 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Word Search	8. 11:00am Youtube Fitness 12:00pm LUNCH TIME 1:00pm Nutrition Education with Ms. Minor 2:00pm Open Game Time	9. National Pizza Day 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Guess Who Game 2:00pm Bean Bag Toss	10. Publick Playhouse Black History in Motion 9:30am-1:00pm 5445 Landover Rd. Hyattsville, MD 20784 ONLY 15 slots available	
13. Valentines at Busboys and Poets 10:00am-2:00pm 235 Caroll St NW Washington, DC 20012 ONLY 15 slots available	14. Valentine's Day 11:00am Nutrition Education with Ms. Minor 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm My Valentines Arts & Crafts	15. 11:00am Youtube Fitness 12:00pm LUNCH TIME 1:00pm Black History Reflection 2:00pm Black History Puzzles	16. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Open Chat-Heart Health 2:00pm Card Games	17. 11:00am Valentines Snacks 12:00pm LUNCH TIME 1:00pm Movie 2:00pm Movie Continued	
20. SITES CLOSED 	21. 11:00am Youtube Fitness 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Oldies & Goodies	22. Ash Wednesday 11:00am Coffee Hour 12:00pm LUNCH TIME 1:00pm Black History Movie 2:00pm Black History Movie	23. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Oculus Virtual Reality 2:00pm Oculus Virtual Reality	24. The Arc: Chisholm Effect 9:30am-12:00pm 1901 Mississippi Ave SE Washington, DC 20020	
27. 11:00am Youtube Fitness 12:00pm LUNCH TIME 1:00pm In-person Cooking Demo w. Chef Katrell (Food Bag Provided) 2:00pm Bean Bag Toss	28. 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games		February Celebrations <ul style="list-style-type: none"> • Congenital heart defect awareness • Black History • Grapefruit month • Library Lovers • American Heart Month 		

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.