

March 2023
Activity Calendar

EQTR Friendship Cafe / Kenilworth
4321 Ord Street N.E.
Washington D.C 20019
Community Dining Site Supervisor
Marie Segears 202-423-6725

	Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">Happy Birthday to all clients celebrating this month!!!</p>  <p style="text-align: center;">Facial Masks are Required.</p> <p style="text-align: center;">Proof of vaccination required.</p>	<p>March Celebrations</p> <ul style="list-style-type: none"> National Disability Awareness National Nutrition month Irish American Heritage Women's History Month National Reading Month Multiple Sclerosis Awareness 		<p>1. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Pinochle Class 2:00pm Bean Bag Toss</p>	<p>2. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Puzzles 2:00pm Open Game Time</p>	<p>3. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Pinochle Class 2:00pm Oldies & Goodies</p>
	<p>6. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Pinochle Class 2:00pm Word Search</p>	<p>7. 11:00am Current Events 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Bean Bag Toss</p>	<p>8. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Create & Thrive w/ teaching Artist. 2:00pm Card Games</p>	<p>9. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor 2:00pm Table Talk</p>	<p>10. Martha's Table 11:00am-2:00pm Stop 1: Martha's Table Lobby Commons Stop 2: Martha's Outfitters</p>
	<p>13. International Spy Museum 11:00am-2:00pm 700 L'Enfant Plaza SW Washington, DC 20024</p>	<p>14. 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games</p>	<p>15. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Create & Thrive w/ teaching Artist. 2:00pm Open Game Time</p>	<p>16. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm St. Patrick's Craft kits 2:00pm Current Events</p>	<p>17. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Movie 2:00pm Movie Continued</p>
	<p>20. Cherry Blossom Sightseeing 11:00am-2:00pm 1501 Maine Ave SW Washington DC 20024</p>	<p>21. 11:00am YouTube Fitness 11:30am Paint & Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Card Games</p>	<p>22. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Create & Thrive w/ teaching Artist. 2:00pm Card Games</p>	<p>23. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Family Feud 2:00pm Chat & Chew</p>	<p>24. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Pinochle Class 2:00pm Bean Bag Toss</p>
	<p>27. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm BINGO 2:00pm Pinochle Class</p>	<p>28. 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm DC Central Kitchen Partnership Cooking Lesson 2:00pm Bean Bag Toss</p>	<p>29. 11:00am YouTube Fitness 12:00pm LUNCH TIME 1:00pm Create & Thrive w/ teaching Artist. 2:00pm Card Games</p>	<p>30. 11:30am In Person Fitness w/ Rodney 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor 2:00pm Short Film</p>	<p>31. TheARC -WIZ Dansical NE Performing Arts Group 10:30am-2:00pm 1901 Mississippi Ave SE Washington, DC 20020 17 SLOTS AVAILABLE</p>