



EOTR Friendship Café / Mayfair
 3744 Hayes ST NE
 Washington D.C. 20019
 Community Dining Site Supervisor
 George Marrow Jr. 202-249-8986

March 2023
Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy Birthday to all clients celebrating this month!!!</p>		<p><u>March Celebrations</u></p> <ul style="list-style-type: none"> National Disability Awareness National Nutrition month Irish American Heritage Women's History Month National Reading Month Multiple Sclerosis Awareness Month 	<p>1. 10:00am Current Events 11:00am Bean Bag Toss 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>2. 10:00am In person Fitness w/ Rodney National Portrait Gallery 11:00am-2:00pm 8th St NW & G St NW Washington, DC 20001</p>	<p>3. WORLD WILDLIFE DAY 3 MARCH</p>
	<p>6. </p>	<p>7. 10:00am Bean Bag Toss 11:00am Paint & Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm Nutrition Education w/ Ms. Minor</p>	<p>8. 10:00am Teatime 11:00am Create & Thrive w/ teaching Artist 12:00pm LUNCH TIME 1:00pm Open Game time</p>	<p>9. 10:00am In person Fitness w/ Rodney Martha's Table 11:00am-2:00pm Stop 1: Martha's Table Lobby Commons Stop 2: Martha's Outfitters</p>	<p>10. WOMEN'S History Month</p>
<p>13. </p>	<p>14. 10:00am Coffee Hour 11:00am St. Patrick's Day Arts and Craft kits 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>15. 10:00am Word Search 11:00am Create & Thrive w/ teaching Artist 12:00pm LUNCH TIME 1:00pm Bean Bag Toss</p>	<p>16. 10:00am In person Fitness w/ Rodney Unique Thrift Store 11:00am-2:00pm 10141 New Hampshire Ave Silver Spring, MD 20903</p>	<p>17. Happy St. Patrick's Day!</p>	
<p>Facial Masks are Required.</p>	<p>20. </p>	<p>21. 10:00am Book club/ Tea 11:00am Financial Literacy 101 12:00pm LUNCH TIME 1:00pm Nutrition Ed. w/ Ms. Minor </p>	<p>22. International Spy Museum 10:15am-2:00pm 700 L'Enfant Plaza SW Washington, DC 20024</p>	<p>23. 10:00am In person Fitness w/ Rodney 11:00am Arts & Crafts/Painting 12:00pm LUNCH TIME 1:00pm Checkers</p>	<p>24. MULTIPLE Sclerosis AWARENESS MONTH</p>
<p>Proof of vaccination required.</p>	<p>27. </p>	<p>28. 10:00am Tea Party 11:00am Book Club 12:00pm LUNCH TIME 1:00pm Open Game time</p>	<p>29. 10:00am Coffee Hour 11:00am Create & Thrive w/ teaching Artist 12:00pm LUNCH TIME 1:00pm BINGO</p>	<p>30. 10:00am In person Fitness w/ Rodney 11:00am Crossword Puzzles 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>31. TheARC -WIZ Dansical NE Performing Arts Group 10:30am-2:00pm 1901 Mississippi Ave SE Washington, DC 20020 10 SLOTS AVAILABLE</p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.