






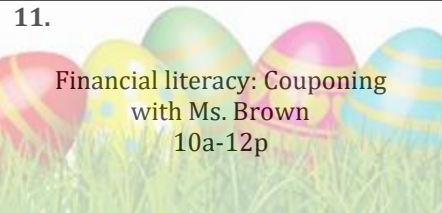








NEW COMMUNITIES

Address

Cassi Zeledon, Community & Senior Engagement Manager 202- 740-7412

Sharon Smith, Activities Coordinator (Ward7) 202-650-7861

APRIL 2023  
Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April is National Awareness Month for:  <b>Stress Awareness Month</b>  <b>National Minority Health</b>  <b>National Autism Awareness</b>  <b>Testicular Cancer Awareness Month</b>  <b>Financial Literacy Month</b></p>	<p>April is National Awareness Month for:  <b>National Parkinson's Awareness Month</b>  <b>Oral Cancer Awareness</b>  <b>Women's Eye Health &amp; Safety Month</b>  <b>Black Woman's History Month</b></p>				1.
3.	4.  Sip 'n Paint Stress Reliever with Christina 10a-12p	5.	6.  Bingo/Game Day with Ms. Brown 10a-12p	7.	8.
10. 	11.  Financial literacy: Couponing with Ms. Brown 10a-12p	12. 	13.  Boxing Fitness Class with Greg Outlaw 10a-12p	14. 	15. 
17. 	18. <b>TRIP:</b> Upper Marlboro Dutch Market 5030 Brown Station Road Upper Marlboro, MD 10a-1:30p	19.	20.  Meal Demo: Cooking on a budget with Chef Dre 10a-12p	21. 	22. 
24. 	25.  Fitness Time with Rodney 10a-12p	26.	27.  <b>TRIP:</b> Museum of Illusions 10a-1p	28. 	29. 