



EOTR Friendship Café / P.T. Johnson 3440 Minnesota Ave NE Washington, D.C. 20019 George Marrow Sr. 202-701-7394

June 2023

Activity Calendar

Happy
Birthday to
all clients
celebrating
this
month!!!



Register for Senior Prom: Sunset Serenade by July 7th with your Dining Site Supervisor. Donation of \$20 requested.

	Monday	Tuesday	Wednesday	Thursday	Friday
	J U N E LGBTQIA PRIDE MONTH	Father's Day Sun 18th June 2023	ALZHEIMER'S AND BRAIN AWARENESS MONTH	1. 10:00am Tea Time 11:00am Arts for Aging - Healing Connections Between Movement & Music with Annetta and Chris 12:00pm LUNCH TIME 1:00pm Card Games	2. 10:00am YouTube Fitness 11:00am Current Events 12:00pm LUNCH TIME 1:00pm Movie
	NOTICE CLOSED FOR CLEANING	6. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Dr. Crawford in person counseling 12:00pm LUNCH TIME 1:00pm Card Games	7. Senior SPA Day 9:45am-2:00pm Fort Stanton Recreation Center 1812 Erie Street SE Washington, DC 20020	8. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Edenbridge Health Pace info presentation 12:00pm LUNCH TIME 1:00pm Oldies & Goodies	9. 10:00am YouTube Fitness 11:00am chat & Chew 12:00pm LUNCH TIME 1:00pm Card Games
	12. 10:00am YouTube Fitness 11:00am Coffee Hour 12:00pm LUNCH TIME 1:00pm Music Hour	13. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Education w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Crossword Puzzles	14. STOP 1: Roses/Forman Mills STOP 2: Dollar Tree Forestville, Maryland 10:00am-1:30pm	15. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Arts for Aging - Healing Connections Between Movement & Music with Annetta and Chris 12:00pm LUNCH TIME 1:00pm Music Hour	16. 10:00am YouTube Fitness 11:00am Movie 12:00pm LUNCH TIME 1:00pm Movie Continued
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) e	26. 10:00am YouTube Fitness 11:00am Bean Bags Toss 12:00pm LUNCH TIME	27. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am 12:00pm -LUNCH TIME	28. Smithsonian National Museum of Natural History 10:30am-2:00pm	29. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am DC Fire EMS	30. 10:00am YouTube Fitness 11:00am Movie 12:00pm LUNCH TIME
0	1:00pm Word Search	12:00pm -LUNCH TIME 12:30Pm- Legal Counsel - Senior Medicare Patrol - Medicare updates 1:00pm Nutrition Ed. w/ Ms. Minor	10th St. & Constitution Ave NW Washington, DC 20560	12:00pm LUNCH TIME 1:00pm Card Games	1:00pm Movie Continued