








EOTR Friendship Cafe / P.T. Johnson  
 3440 Minnesota Ave. NE  
 Washington D.C 20019  
 Community Dining Site Supervisor  
 George Marrow 202-249-8986

## March 2023 Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Happy Birthday to all clients celebrating this month!!!</b></p>  <p>Facial Masks are Required.</p> <p>Proof of vaccination required.</p>	<p><b>March Celebrations</b></p> <ul style="list-style-type: none"> <li>National Disability Awareness</li> <li>National Nutrition month</li> <li>Irish American Heritage</li> <li>Women's History Month</li> <li>National Reading Month</li> <li>Multiple Sclerosis Awareness Month</li> </ul>		<p>1. 10:00am Chat &amp; Chew 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Music Hour</p>	<p>2. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette <b>Golden Corral</b> 11:00am-1:30pm 1001 Shoppers Way Largo, MD 20774</p>	<p>3. 10:00am Coffee Hour 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Oldies &amp; Goodies</p>
		<p>7. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Open Game Time</p>	<p>8. 10:00am Current Events 11:00am Cooking Demo w/ Chef Katrell (food bag will be provided) 12:00pm LUNCH TIME 1:00pm Wind Down Hour</p>	<p>9. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette <b>Martha's Table</b> 11:00am-2:00pm Stop 1: Martha's Table Lobby Commons Stop 2: Martha's Outfitters</p>	<p>10. 10:00am Chat &amp; Chew 11:00am Open Game Time 12:00pm LUNCH TIME 1:00pm TV Time</p>
	<p>13. 10:00am Coffee Hour 11:00am Card Games 12:00pm LUNCH TIME 1:00pm Puzzles</p>	<p>14. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am St. Patrick's crafts kits 12:00pm LUNCH TIME 1:00pm Oldies &amp; Goodies</p>	<p>15. 10:00am Teatime 11:00am Movie 12:00pm LUNCH TIME 1:00pm Movie Continued</p>	<p>16. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette <b>Unique Thrift Store</b> 11:00am-2:00pm 10141 New Hampshire Ave Silver Spring, MD 20903</p>	<p>17. 10:00am Coffee Hour 11:00am Open Game Time 12:00pm LUNCH TIME 1:00pm Wind Down Hour</p>
		<p>21. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm</p>	<p>22. <b>International Spy Museum</b> 11:00am-2:00pm 700 L'Enfant Plaza SW Washington, DC 20024</p>	<p>23. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 1:00pm Financial Literacy 101 12:00pm LUNCH TIME 1:00pm </p>	<p>24. 10:00am Current Events 11:00am Arts &amp; Crafts 12:00pm LUNCH TIME 1:00pm TV Time</p>
	<p>27. 10:00am Current Events 11:00am Crossword Puzzled 12:00pm LUNCH TIME 1:00pm Media Hour</p>	<p>28. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Paint &amp; Sip w/ Ms. Rain 12:00pm LUNCH TIME 1:00pm Oldies &amp; Goodies</p>	<p>29. 10:00am Current Events 11:00am Puzzles 12:00pm LUNCH TIME 1:00pm Card Games</p>	<p>30. 10:00am BODYWISE in person Fitness w. UDC's Ms. Vernette 11:00am Nutrition Ed. w/ Ms. Minor 12:00pm LUNCH TIME 1:00pm</p>	<p>31. <b>TheARC -WIZ Dansical NE Performing Arts Group</b> 10:30am-2:00pm 1901 Mississippi Ave SE Washington, DC 20020 5 SLOTS AVAILABLE</p>

*Part of the Senior Services Network— Supported by the Department of Aging and Community Living.*