

EOTR Friendship Cafe '/ P.T. Johnson 3440 Minnesota Ave. NE Washington D.C 20019 Community Dining Site Supervisor George Marrow 202-249-8986

## October 2022 Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday
ZOOM Meeting ID # 951 4112 0645 CALL IN # 301 715-8592	3. 10:00am Fitness w/ Rodney ON ZOOM 951 4112 0645 11:00am Music Hour 12:00pm LUNCH TIME 1:00pm Open Game Time	4. 10:00am YouTube- Fitness w/ Paul Eugene 11:00am Family Feud 12:00pm LUNCH TIME 1:00pm Hand Dancing	5. 10:00am Fitness w/ Rodney ON ZOOM 951 4112 0645 11:00am Arts & Crafts 12:00pm LUNCH TIME 1:00pm Open Game Time	6. 10:00am YouTube- Fitness w/ Paul Eugene 11:00am Mad Hatter Day! Wear a silly hat 12:00pm LUNCH TIME 1:00pm Current Events	7. <b>10:00am Fitness w/ Rodney ON</b> <b>ZOOM</b> 951 4112 0645 11:00am Meditation 12:00pm LUNCH TIME 1:00pm Open Game Time
Happy Birthday to all clients celebrating this month!!!	10. SITES CLOSED!	11. 10:00am Breast cancer documentary 11:00am Doc. continued 12:00pm LUNCH TIME 1:00pm Open Game time	12. 10:00am Fitness w/ Rodney ON ZOOM 951 4112 0645 11:00am Chat & Chew 12:00pm LUNCH TIME 1:00pm Reflection hour	13. 10:00am YouTube- Fitness w/ Paul Eugene 11:00am Paint & sipping cider 12:00pm LUNCH TIME 1:00pm Painting continued	14. 10:00am Fitness w/ Rodney ON ZOOM 951 4112 0645 11:00am Checkers 12:00pm LUNCH TIME 1:00pm BINGO
Facial Masks are Required.	17. <b>10:00am Fitness w/ Rodney ON</b> <b>ZOOM</b> 951 4112 0645 11:00am Checkers 12:00pm LUNCH TIME 1:00pm Oldies but Goodies	18. 10:00am Sipping Cider 11:00am Nutrition Ed. W/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Oldies but goodies	19. <mark>Woman King at Marlow 6</mark> <mark>11:15am-1:30pm 3899 Branch Ave Temple Hills, MD 20748</mark>	20. <b>10:00am YouTube- Fitness w/</b> <b>Paul Eugene</b> <b>11:00am Hot Chocolate and tunes</b> <b>12:00pm LUNCH TIME</b> <b>1:00pm Chat &amp; Chew</b>	21. 10:00am Oldies but Goodies 11:00am Checkers 12:00pm LUNCH TIME 1:00pm Arts & Crafts
Proof of vaccination required.	24. 10:00am YouTube- Fitness w/ Paul Eugene 11:00am Family Feud 12:00pm LUNCH TIME 1:00pm Puzzle Time	25. 10:00am BINGO 11:00am Nutrition Ed. W/ Ms. Minor 12:00pm LUNCH TIME 1:00pm Line Dancing	26. National Air and Space Museum 10:15am-1:00pm 6th St. and Independence Ave <u>SW</u> Washington, DC 20560	27. 10:00am YouTube- Fitness w/ Paul Eugene 11:00am Harvest wreath making 12:00pm LUNCH TIME 1:00pm Wreath making continued.	28. 10:00am 11:00am BINGO 12:00pm LUNCH TIME 1:00pm Current Events
	31. <b>10:00am YouTube- Fitness w/</b> <b>Paul Eugene</b> 11:00am Open Game Time 12:00pm LUNCH TIME 1:00pm Show & Tell	HAPPY HALLOWEEN	Celebrated this month•Breast Cancer Awareness•National Economic Education•Down Syndrome Awareness•Emotional Wellness•Financial Planning ••National Arts & Humanities•LGBT History ••National Chiropractic Month	Hello October!	Vegetarian

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.

In case of site closure please see suggested schedule.

Monday	Tuesday	Wednesday	Thursday	Friday
Log on to Virtual activities on	Meet at Mayfair Friendship Café	Meet at Mayfair Friendship Café	Meet at Mayfair Friendship Café	Log on to Virtual activities on
zoom.				zoom.
ZOOM Meeting ID #	3744 Hayes ST NE Washington	3744 Hayes ST NE Washington	3744 Hayes ST NE Washington	ZOOM Meeting ID #
951 4112 0645	DC, 20019	DC, 20019	DC, 20019	951 4112 0645
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