

Zion Baptist Church-EASTLAND EOTR FRIENDSHIP CAFÉ 1234 Kenilworth Avenue Northeast, Washington, DC 20019 Sharon Smith, Outreach/Partnership Rec. Coordinator Leniqua-dominique, Program Coordinator

202-397-7300

November 25'



Monday	Tuesday	Wednesday	Thursday	<i>Friday</i>	Saturday
17. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm OPENING DAY Celebration- MEET & Greet w. EOTR 12pm-1pm Hot Meal Served 1pm-2pm Closing Remarks/ Open Discussion w. Participants	18. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm Paint, Sip, and Resource w. Ms. Zee 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	19. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm Jewelry Making/ Coaster Creating 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	20. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm Recipe Sharing while Looming 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	21. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm Bingo Friday! 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	Diabetes Awareness Month NOVEMB ALZHEIME DISEAS AWARENE STANCER AWARENESSIMORIUM
24. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light w. Spirit Club Fitness 11am-12pm Holiday Plans Then & Now with Table Games 12pm-1pm Hot Meal Served 1pm-2pm Closing Remarks/ Open Discussion w.	25. 10am-10:30am Virtual Light Exercise w. Spirit Club 10:30am-11am Decorate our Holiday Extravaganza! 11am-12pm Join in on the Holiday Games, Fun, & Food 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	26. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Exercise w. Spirit Club Fitness 11am-12pm Free Space Arts & Crafts 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	Site Closure HAPPY MARKSGirling	28. 10am-10:30am Coffee & Tea with ICEBREAKERS 10:30am-11am Virtual Light Fitness Exercise w. Spirit Club Fitness 11am-12pm Bingo Friday! 12pm-1pm Hot Meal Served 1pm-2pm Chat & Plan for December	NATIONAL COPPE Cheese Obstructive Palmenary Disease AWARENESS MONT