

## EOTR Friendship Café/Kenilworth June Activity Calendar 2025 4321 Ord ST NE, Washington, DC 20019 Recreation Coordinator Rickya Dodson 301- 909-2834



The last of the last	Monday	Tuesday	Wednesday	Thursday	Friday
World ENVIRONMENT DAY	2. 10am-Tea/Coffee Hour 11 am- Back to the 80's session w/Julia Heart Program 12pm-Lunch 1pm- Medicare Fraud Prevention w/Legal Counsel for the Elderly Senior Medicare Patrol	3. 10am- Tea / Coffee Hour 11am- Walk the Gym 12pm-Lunch Time 1pm- Open Games	4. 10am- Tea / Coffee Hour 11am- Mental Health Session w/ Crawford 12pm-Lunch 1pm- Chair Exercises	5. 10am- Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	6. 10am –Tea/Coffee Hour 11am- Walk the Gym 12pm- Lunch 1pm – Open Discussion
JUNE 5TH  FATHER'S A	9. 10am- Tea/Coffee Hour 10:30am- Jewelry Swop and Exchange 11am-Music 12pm- Lunch/Nutrition Ed/Ms. Minor 1pm- Light leg lifts	10.  Matha's Table 10:30am-12pm 2375 Elvans Rd SE Washington, DC 20019  10am- Tea/Coffee Hour 11am- Cards 12pm-Lunch	11. 10am-Tea/Coffee Hour 11 am- Arts for the Aging 12pm-Lunch 1pm- Cards/ Open Games	12. 10am- Tea/ Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Bean Bag Toss	13. 10am- Tea /Coffee Hour 11am-Pottery Session w/EYL Project 12pm-Lunch 1pm- Cards/ Open Games
DAY TIT	16. 10am-Tea/Coffee Hour 11 am- Open Discussion 12pm- Lunch/Nutrition Edw/Ms. Minor	1pm- Bean Bag/ Floor Games  17. 10am-Tea/Coffee Hour 11am- Fitness chair aerobics 12pm-Lunch Time 1pm- Open Games	18. 10am-Tea/Coffee Hour 11:30am-Fitness w/Rodney 12pm-Lunch 1pm- Open Games	19. CLOSED	20. 10am- Tea/Coffee Hour 11am- Open Games 12pm-Lunch 1pm- Music/ Games

INTERNATIONAL YOGA DAY	1pm- Cards/ Open Games Cards/ Open Games	24.	25.	26.	27.
JUNETEENTH Celebrate Freedom JUNE 19	10am- Group Counseling Session (1.5) hours 11:30am- Open Discussion 12pm- Lunch Time 1pm- Open Game	10am- Tea / Coffee Hour 11am Open Games 12pm-Lunch 1pm- Walking Club	10am-Tea/Coffee Hour  11am- Arts for the Aging 12pm-Lunch 1pm- Bingo	10am- Tea /Coffee Hour  11:30am-Fitness w/Rodney 12pm- Lunch 1pm- Open Discussion	Family Affair Event 10:30am to 2pm Fort Dupont Park  10am-Tea/Coffee Hour 11 am- Jewelry Making/ Art 12pm-Lunch 1pm- Leg Movement Exercises
	30.  10am- Tea / Coffee Hour 11am Open Games 12pm-Lunch 1pm- Music/ Games				
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Part of the Senior Services Network – Supported by the Department of Aging and Community Living.