



EOTR Penn Ave Baptist Church FRIENDSHIP CAFÉ
 3000 Pennsylvania Avenue, SE DC
 Ziairra Baughan-Owens, Outreach/Partnership Rec.
 Coordinator
 202-845-3378
 Nutrition Aide: Ms. Ruth
 Recreation Coordinator: Ciara

**December
2025**



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
1. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Wheel of fortune 12pm-1pm LUNCH 1pm-2pm Calendar review!	2. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Christmas Charades 12pm-1pm LUNCH & a Healthy Moment w. Nutritionist Evelyn Minor 1pm-2pm Christmas Coloring	3. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Jeopardy 12pm-1pm LUNCH 1pm-2pm Cont' Jeopardy Excursion : Martha's Table 2375 Elvan's Rd SE, Washington, DC 20020 10:30am-1pm	4. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Talk Thursdays: Why does mental health matter? 12pm-1pm LUNCH 1pm-2pm cont' Group discussion	5. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Candy Cane Bingo 12pm-1pm LUNCH 1pm-2pm Cont Candy Cane Bingo	
8. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Gingerbread houses 12pm-1pm LUNCH 1pm-2pm Finish gingerbread houses	9. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12:00pm Winter Wonderland: Paint, Sip, & Resource w. Ms. Zee 12pm-1pm LUNCH 1pm-2pm Chat&Plan for january	10 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm decorate your wreath 12pm-1pm LUNCH 1pm-2pm finish Wreathes Excursion: Roses 7706 Marlboro Pike, Forestville, MD 20747 10:30am –1 pm	11. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Talk Thursdays: Nostalgia & Life stories 12pm-1pm LUNCH 1pm-2pm Group Discussion	12. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Health Promotion w. Irwin Royster 12pm-1pm LUNCH 1pm-2pm Christmas Bingo	

<p>15. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Christmas ornament diy 12pm-1pm LUNCH 1pm-2pm Cont Ornament Diy</p>	<p>16. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Pottery 12pm-1pm LUNCH 1pm-2pm MED PATROL x LCE: Fraud Detection</p>	<p>17. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm pipe cleaner flowers 12pm-1pm LUNCH 1pm-2pm Chat&Plan for January Excursion: Mayor Bowser's 27th Annual Senior Holiday Celebration 10am-2pm</p>	<p>18. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Table Talk Thursdays: Food & Traditions 12pm-1pm LUNCH 1pm-2pm</p>	<p>19. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Transportation Training w/ Capital Hill Living 12pm-1pm LUNCH 1pm-2pm Cont Bingo</p>	
<p>22. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Christmas word search 12pm-1pm LUNCH 1pm-2pm Puzzles</p>	<p>23. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Karaoke 12pm-1pm LUNCH 1pm-2pm continue karaoke</p>	<p>24. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Movie & popcorn 12pm-1pm LUNCH 1pm-2pm Finish movie</p>	<p>25. Site Closed</p> 	<p>26. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Jewelry Making 12pm-1pm LUNCH 1pm-2pm Finish Jewelry Making</p>	
<p>29. 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Beginner ASL 12pm-1pm LUNCH 1pm-2pm Continue ASL</p>	<p>30 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm Scrabble tournament 12pm-1pm LUNCH 1pm-2pm Discuss New year's Vision boards</p>	<p>31 10am-10:30am Coffee Time 10:30am-11:00am Virtual Spirit Exercise 11:00am-12pm New Vision Boards 12pm-1pm LUNCH 1pm-2pm Finish Vision Boards</p>			<p>December is... HIV/AIDS Awareness Month, Safe Toys and Gifts Month, National Impaired Driving Prevention Month (Drunk and Drugged Driving Prevention), Universal Human Rights Month, Spiritual Literacy Month, Worldwide Food Service Safety Month, Write a Business Plan Month, Operation Santa Paws Month, Seasonal Depression Awareness, National Tie Month</p>

Part of the Senior Services Network – Supported by the Department of Aging and Community Living

