







**EOTR Friendship Café/Knox Hill**  
**2700 Jasper ST SE, WDC 20020**  
**Recreation Coordinator Lewis Fountain 202-397-73000**

**December Activity Calendar 2024**



	Monday	Tuesday	Wednesday	Thursday	Friday
  	2. 10am-Socializing Hour <b>11:00am- Fitness w/Rodney</b> 12pm- Lunch 1pm-Karaoke	3. 10am- Coffee Hour 11am- Open Games 12pm-Lunch 1pm-Oldies/Goodies	4. 10am-Coffee/Tea Time 11am-Open Games 12pm- Lunch 1pm-Karaoke	5. 10am-Java Hour 11am- Mental Health Awareness 12pm-Lunch 1pm- Neighborhood Talk	6. <b>Amish Market</b> <b>10am-12pm</b> <b>5030 Brown Station Rd</b> <b>Upper Marlboro MD 20772</b> 10am- Open Discussion 11am- Scrabble 12pm- Lunch 1pm- Open Games
	9. 10am-New Hours <b>10:30am- Mental Health Counseling Session w/Crawford</b> 12pm- Lunch 1pm-Discussion	10. 10am- Morning Wake- Up <b>11am- SNAP Ed w/Ms.Lockett</b> <b>12pm-Lunch/Nutrition Education w/Ms.Minor</b> 1pm- Bingo	11. <b>Mayor's 26th Annual Senior Holiday Celebration</b> <b>2001 East Capitol Street, SE, WDC 20003</b> <b>10am-2pm</b>	12. 10am- Coffee Soiree 11am-Board Games 12pm- Lunch 1pm-Monopoly	13. 10am-Socializing Hour 11am- Open Games 12pm-Lunch 1pm- Health and Wellness Discussion
	16. 10am- Morning Wake- Up <b>11:00am- Fitness w/Rodney</b> 12pm-Lunch	17. 10am-Social Hour 11am-Meditation 12pm-Lunch 1pm- Stretching Exercises	18. 10am-Coffee Hour 11am-Bean Bag Toss 12pm Lunch 1pm-Card	19. 10am- Morning Wake- Up 11am- Arts & Crafts 12pm-Lunch 1pm- Bingo	20. 10am-Coffee Hour 11:00am- Holiday Traditions 12pm- Lunch 1pm-Cards

	1pm- Bingo				
	<b>23. Jumbo INTL Market</b> <b>10:30am-12pm</b> <b>Brinkley RD Temple Hills, MD 20747</b> 10am- Java 11:00am-Meditation 12pm-Lunch 1pm- Oldies/Goodies	24. 10am-Coffee Hour 11am-Jig Saw Puzzle 12pm-Lunch 1pm-Open Card Games	<b>25. SITE CLOSED</b> 	26. 10am-Coffee Hour 11am- Open Games 12pm- Lunch 1pm-Cards	27. 10am-Coffee Hour 11am-Bean Bag Toss 12pm Lunch 1pm-Cards
	30. 10am- Coffee Hour <b>11:00am- Fitness w/Rodney</b> 12pm-Lunch 1pm-Oldies/Goodies	31. 10am-Coffee Hour 11am-Puzzle Time <b>12pm-Lunch/Nutrition Education w/Ms.Minor</b> 1pm-Cards			

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*