







**EOTR Friendship Café/Kenilworth**  
**4321 Ord ST NE, Washington, DC 20019**  
**Recreation Coordinator Rickya Dodson 301- 909-2834**

**September Activity Calendar 2024**



	Monday	Tuesday	Wednesday	Thursday	Friday
  					1. 10am –Tea/Coffee Hour 11am- Fitness YouTube 12pm- Lunch 1pm -Open Discussion
	4. 10am- Tea/Coffee Hour <b>11am- Arts for the Aging</b> <b>cooOPERATIONw/ Peter</b> <b>&amp;Carlos</b> 12pm-Lunch <b>1pm- Nutrition Education</b> <b>w/ Ms. Minor</b>	5. 10am- Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch 1pm- Line Dancing	6. <b>ROSES/FOREMAN Mills</b> <b>10am-12pm</b> <b>7706 MALBORO PIKE</b> <b>Forestville, MD</b> 10am-Tea/Coffee Hour 11am-Open Discussion 12pm-Lunch 1pm- Cards/ Open Games	7. <b>EOTR Senior Prom</b> <b>Panorama Room</b> <b>2:30pm-7:30pm</b> <b>1600 Morris Rd Ne</b> <b>Washington, DC 20020</b> 10am- Tea/ Coffee Hour <b>11:30am-Fitness w/Rodney</b> 12pm-Lunch 1pm- Bean Bag Toss	8. 10am- Tea /Coffee Hour 11am- Open Games 12pm-Lunch 1pm-Open Games
	11. <b>CLOSED</b> 	12. 10am-Tea/Coffee Hour 11am- Fitness w/YouTube 12pm-Lunch Time 1pm- Movies	13. 10am- Tea / Coffee Hour 11am- 12pm-Lunch 1pm- Current News Discussion	14. 10am- Tea/Coffee Hour <b>11:30am-Fitness w/Rodney</b> 12pm-Lunch 1pm- Open Games	15. 10am- Tea /Coffee Hour 11am- Fitness w/ Youtube 12pm-Lunch 1pm-Arts and Craft Time

 	18. 10am- Tea /Coffee Hour <b>11am- Arts for the Aging</b> <b>cooOPERATIONw/</b> <b>Peter &amp; Carlos</b> <b>12pm-Lunch /PT -DHH</b> <b>Nutrition Education</b> <b>w/Ms.Minor</b> 1pm- Music Time	19. 10am- Tea / Coffee Hour <b>11am- Fitness/ Nutrition</b> <b>Session w/Rain Young</b> 12pm-Lunch 1pm-Bean Bag Toss	20. 10am- Tea /Coffee Hour 11am- Open Games 12pm-Lunch Time 1pm- Bingo	21. 10am- Tea /Coffee Hour <b>11:30am-Fitness w/Rodney</b> 12pm- Lunch 1pm- Music Hour	22. <b>DUTCH AMISH MARKET</b> <b>10am-12pm</b> <b>5030 Brown Station</b> <b>Upper Marlboro MD 20772</b> 10am- Tea/ Coffee Hour 11am- Walk the Block 12pm-Lunch 1pm-Bingo
	25. 10am- Tea / Coffee Hour 11am- Walk the block 12pm- Lunch Time 1pm- Open Discussion	26. 10am- Tea/Coffee Hour <b>11:30am- Fitness</b> <b>w/Rodney</b> 12pm-Lunch 1pm- Line Dancing	27. <b>Martha Table</b> <b>10:30am-12pm</b> <b>2375 Elvans Road SE</b> <b>Washington, DC 20019</b> 10am- Tea /Coffee Hour 11am- Open Games <b>12pm-Thanksgiving</b> <b>Luncheon</b> 1pm- Music Hour	28. <b>CLOSED</b> 	29 10am- Tea /Coffee Hour 11am- Open Games 12pm-Lunch Time 1pm- Music Time

*Part of the Senior Services Network – Supported by the Department of Aging and Community Living.*