



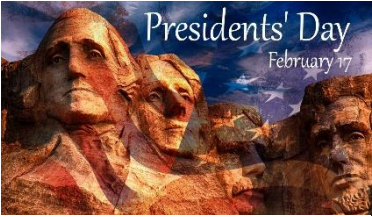


EOTR Friendship Café/Arthur Capper
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271

February Activity Calendar 2025



	Monday	Tuesday	Wednesday	Thursday	Friday
	3. 10am-Meet&Greet 10:30am-Mental Health Session w/Dr.Crawford 12pm-Lunch 1pm-African Drumming	4. 10am-Greet&Meet 11am-Group Discussion 12pm-Lunch 1pm-Music	5. 10am-Social Hour 11am-Sing Black National Anthem 12pm-Lunch 1pm-Art	6. 10am-Greet&Meet and Health Wellness 11am-Bingo 12pm- Lunch 1pm- Health Literature Discussion	7. Drug Enforcement Agency Museum 700 Army Navy Dr., Arlington V.A. 22202 10am-12:30pm 10am-Chew&Chat 11am-Domino 12pm – Lunch 1pm-Coloring
	10. 10am-Chew&Chat 11am- Exercise w/Rodney Jordan 12pm-Lunch 1pm-Music Hour	11. 10am-Chew&Chat 11am-Black American Fashion Show 12pm-Lunch 1pm-Maze	12. 10am-Greet&Mee 11am-Group Discussion 12pm-Lunch 1pm- Health Literature Discussion	13. 10am-Social Hour 11am-Tech Express Library 12pm-Lunch/Nutrition Ed w Ms.Minor 1pm-Domino	14. 10am- Greet & Meet 11am- Make Valentines Day Cards 12pm- Lunch 1pm- Music

 	17. <i>CLOSED</i>  <i>PRESIDENTS DAY</i>	18. 10am- Social Hour 11:30am-Snap Ed w/ Ms. Lockett 12pm-Lunch 1pm- Tic-Tac-Toe	19. <u>National Museum of African American History</u> <u>1400 Constitution Ave, NW.</u> <u>Washington D.C. 20560</u> <u>10am-12:30pm</u> 10am- Greet&Meet 11am- Health Wellness 12pm-Lunch 1pm- Puzzles	20. 10am- Meet&Greet 11am- Table Games 12pm-Lunch 1pm- MLK Jr. Word Search	21. 10am- Greet & Meet 11am-Chair Yoga 12pm-Lunch 1pm- Black History Trivia
	24. 10am-Greet&Meet 11am- Exercise w/Rodney Jordan 12pm-Lunch 1pm-Art	25. 10am- Social Hour 11am- Table Games 12pm-Lunch 1pm- Health Literature Discussion	26. <u>MLK Memorial</u> <u>1964 Independence Ave.</u> <u>SW, Washington D.C.</u> <u>20004</u> <u>10am-12:30pm</u> 10am-Sip and Chat 11am-Chair Yoga 12pm-Lunch 1pm-Art and Craft	27. 10am-Tea/Coffee Hour 10:30am-Black Poems 12pm-Lunch 1pm-Music	28. 10am-Social Hour 11am-Maze 12pm-Lunch 1pm- <i>BIRTHDAY CELEBRATION</i>