







| | Monday | Tuesday | Wednesday | Thursday | Friday |
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|   | Birthday Acknowledgments: No April Birthdays * Please contact recreation coordinators for more information.  Aries  Taurus | | 2. 10 am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12 pm – Lunch 1 pm – Karaoke | 3. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- music hour | 4. 10am – Coffee/Tea Time 10:30am – 12pm: Mental Health Session with Mr. Crawford 12pm – Lunch 1pm - Chair yoga |
| | 7. (CLOSED) KRC Walmart 3549 Russett Grn E, Laurel, MD 20724 10:30am – 12pm 10am – Coffee/Teatime 11am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm – Open game | 8. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Table Talks | 9. 10 am – Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12 pm – Lunch 1 pm – Make Cherry Blossoms Activity | 10. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- My favorite recipe | 11. 10am - Coffee/Teatime 11am – Open Games 12pm – Lunch 1pm – Senior Services Satisfaction Survey |

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|   | 14. 10am – Coffee/Teatime 11am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm – Open Games | 15. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Open Games | 16. *OFFICE CLOSED* EMANICIPATION DAY | 17. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Open Games | 18. 10am - Coffee/Teatime 11am – Egg Decorating 12pm – Lunch 12:30: Nutrition Ed w/ Ms. Evelyn Minor 1pm – Open Games |
| | 21. (CLOSED) KRC 10am – Coffee/Teatime 11am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm – Open Games | 22. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm – Lunch 1pm – Music Hour | 23. 10am – Coffee/Teatime 11am – Talent Show 12pm – Lunch 1pm - Table Talks | 24. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Open Games | 25. Bingo at Bladensburg 3194 Bladensburg Ave NE Washington, DC 20002 10:30am-12pm 10am -Coffee/Teatime 11am – Open game 12pm – Lunch 1pm - Bingo |
| | 28. 10am – Coffee/Teatime 11am – ASL Spring Class w/ ASL Instructor, Rebekah Minson 12pm – Lunch 1pm - Chair Yoga | 29. 10am -Body wise w/ UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- music hour | 30. 10am – Coffee/Teatime 11am – Book Club 12pm – Lunch 12:30: Nutrition Ed w/ Ms. Evelyn Minor 1pm – Open Games | April Themes: World Parkinson's Day is April 11th! | |

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.