

EOTR Paul L. Dunbar FRIENDSHIP CAFÉ Ziairra Baughan-Owens Outreach/Partnership Rec. Coordinator, Vacant 202-845-3378 Nutrition Aide Melanie Dailey, Recreation Coordinator

October 2024



*All programing ends at 2:00pm

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October	1. 10:00am-Coffee/Tea-Spirit Club Fitness 10:30-11:00- English as a Second Language class 11:00am-BINGO Hour 12:00pm – LUNCH 1:00pm-2pm Ring Toss	2. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~Card Games 12:00pm – LUNCH 1:00pm~2pm Decoration time (HALLOWEEN)	3. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~Paint With Me 12:00pm – LUNCH 1:00pm~2pmChat time/ hot topics	4. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~Wordsearch Puzzles 12:00pm – LUNCH 1:00pm~2pm Sharing Recipes	Domestic Violence Awareness Month
7. DOLLAR TREE (GREENWAY SHOPPING CENTER) 7509 Greenbelt Rd Greenbelt, MD	8. 10:00am~ Coffee/Tea~Spirit Club Fitness 10:30~11:00~ English as a Second Language class 11:00am~12:00pm~ Sip, Paint, and Resources with Mrs. Zee 12:00pm – LUNCH 1:00pm~2pm Card Games	9. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~CROSSWORD Puzzles 12:00pm – LUNCH 1:00pm~2pm ORIGAMI	10. 10:00am- Coffee/Tea-Spirit Club Fitness 10:30-11:00- English as a Second Language class 11:00am-Looming 12:00pm – LUNCH 1:00pm-2pm BINGO	11. 10:00am- Coffee/Tea-Spirit Club Fitness 11:00am-Arts and Crafts 12:00pm – LUNCH 1:00pm-2pm Let's Talk Activities	October Breast Cancer Awareness Month
14. SITE WILL BE CLOSED INDIGENOUS PEOPLES' DAY	15. 10:00am-12:00pm Continental Breakfast-New Intakes Coffee/Tea-Spirit Club Fitness 12:00pm – LUNCH 1:00pm-2pm BINGO Hour	16. 10:00am- Coffee/Tea-Spirit Club Fitness 11:00am-Current Events 12:00pm – LUNCH 1:00pm-2pm WORDSEARCH Puzzles/ puzzles/ brain games	17. 10:00am~ Coffee/Tea-Spirit Club Fitness 11:00am~Looming 12:00pm – LUNCH 1:00pm~2pm Making Smoothies	18. 10:00am- Coffee/Tea-Spirit Club Fitness 11:00am-Chat and Chew 12:00pm – LUNCH 1:00pm-2pm BINGO HOUR	19.
21. 10:00AM- Coffee/Tea-Spirit Club Fitness 11:00AM-How Was Your Weekend 12:00PM- LUNCH 1:00PM-2pmCard Games	22. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~Spirit Club Virtual 12:00pm – LUNCH	23. 10:00am- Coffee/Tea-Spirit Club Fitness 11:00am-12pm-AARP OPEN ENROLLMENT PRESENTER	24. 10:00am~ Coffee/Tea-Spirit Club Fitness 10:30~11:00~ English as a Second Language class 11:00am~DRAW ME 12:00pm – LUNCH	25 10:00am- Coffee/Tea-Spirit Club Fitness 11:00am-Smoothie Time 12:00pm – LUNCH 1:00pm-2pm BINGO Hour	26.

	1:00pm-2pm Crossword Puzzles	1:00pm-2pm Dominoes	1:00pm-2pm CARD GAMES		
28. 10:OOam~ Coffee/Tea~Spirit Club Fitness 11:00am~12:00pm GROCERY PLUS PRESENTATION & SIGN UP 12:00am~ LUNCH 1:00pm~2:00pmCard Games	29. 10:00am~ Coffee/Tea~Spirit Club Fitness 11:00am~Spirit Club Virtual 12:00pm – LUNCH 1:00pm~2pmCrossword Puzzles	Whitman Max Walker Robinson (off site presentation) 120 Sycamore Drive SE 10:00am~1:00 LUNCH~INFOMATIVE WORKSHOPS~ GIVEAWAYS	10:00am~12:00pm~ "HAPPY HALLOWEEN"Continental Breakfast 12:00pm – LUNCH 1:00pm~2:00pm Let's Talk	DISABILITY AWARENESS MONTH	OCTOBER IS DYSLEXIA AWARENESS MONTH

Part of the Senior Services Network – Supported by the Department of Aging and Community Living