



EOTR Friendship PT Johnson/DHH
3440 Minnesota Avenue SE, Washington, DC 20019
DHH Recreation Coordinator, Mariaisabel Cedeno (202) 441-1537
February Activity Calendar 2025

	Monday	Tuesday	Wednesday	Thursday	Friday
	3. CLOSED The View of DC 1201 Wilson Blvd. Suite 115 Arlington, VA 22209 10:30am – 12pm 10am – Coffee/Teatime 11am – Open Games/ASL Review 12pm – Lunch 1pm – Social Time	4. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Bingo	5. 10 am – Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12 pm – Lunch 1 pm - Open Games	6. 10 am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Open Game	7. 10am – Coffee/Teatime 10:30am – 12pm – Mental Health session w/Patrick Crawford 12pm – Lunch 12:30 p.m. - 1:30 p.m. - ASL Spring Instructor Rebekah Minson
	10. Marlow Heights Shopping Center 4019 Branch Avenue Temple Hills MD 20748 10am-12pm 10am- Coffee/ Teatime 11am- Open Games 12pm- Lunch 1pm- Bingo	11. 10am – Coffee / Teatime 11am – Music Hour 12pm – Lunch 1pm – Bingo	12. Toby's Dinner and Theatre 5900 Symphony Woods Rd, Columbia, MD 21044 9:30am – 2:00pm 10 am – Coffee Teatime	13. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Valentine Day Cards	14. DACL's Red, White, & You: Valentine's Celebration Edgewood Recreation Center and Deanwood Recreation Center 11:30am – 2:00pm 10am – Coffee/Teatime

 			11 am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 1pm - open Game		10:30am – 12pm – ASL Spring Instructor Rebekah Minson 12pm – Lunch 12:30 p.m. - 1:30 p.m.: Games
	17.  OFFICE CLOSED	18. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee Teatime 12pm 1pm-	19. 10am – Coffee/ Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 12pm - Nutrition Ed Session w/ Ms. Evelyn Minor 1pm - Bingo	20. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee/ Teatime 12pm- Lunch 1pm- Word Search	21. 10am – Coffee/Teatime 10:30 a.m. - 12 p.m. - ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time
	24. 10am – Coffee/Teatime 10:30am – 12pm – ASL Spring Instructor Rebekah Minson 12pm – Lunch 1pm – Social Time	25. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee /Teatime 12pm- Lunch 1pm- Bingo	26. 10am - Coffee/Teatime 11am – Spirit Club Fitness w/ Chris McCrae 12pm – Lunch 12pm - Nutrition Ed Session w/ Ms. Evelyn Minor 1pm – Open game	27. 10am -Body wise w/UDC Ms. Vernette 11am- Coffee / Teatime 12pm- Lunch 1pm- Open Game	28. 10am – Coffee/Teatime 11am – Mask Decorating 12pm – Lunch 12:30pm – 1:15pm - Carnaval Performance

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.