






EOTR Friendship Café/Arthur Capper January Activity Calendar 2025
1000 5th ST SE Washington, DC 20020
Recreation Coordinator Vivian Abdullah 301-580-0271



	Monday	Tuesday	Wednesday	Thursday	Friday
 			1. CLOSED 	2. 10am-Greet&Meet 11am-New Years Discussion Group 12pm-Lunch/Nutrition Ed w/Ms.Minor 1pm-Music Hour	3. 10am- Greet&Meet 11am- Open Games 12pm – Lunch 1pm- Word Search
	6. 10am-Social Hour 11am-New Year Resolution Cards 12pm-Lunch 1pm-Bean Bag Toss	7. 10am-Chew&Chat 11am-Health Awareness 12pm-Lunch 1pm-Table Maze	8. 10am-Greet&Meet 11am- Scrabble 12pm-Lunch 1pm-Chair Yoga	9. 10am-Social Hour 11:00am- Music 12pm-Lunch 1pm- Open Discussion	10. <u>GOLDEN CORRAL</u> <u>1101- Shoppers Way</u> <u>Largo, MD 20774</u> <u>10am-1pm</u> 10am- Greet & Meet 11am- Table Games 12pm- Lunch 1pm- Art/Coloring

 	13. 10am-Greet&Meet 11am- Exercise w/Rodney 12pm-Lunch 1pm-Table Games (Cards/Checkers)	14. 10am- Social Hour 11am- Checkers 12pm-Lunch 1pm- Puzzles	15. ROSES Discount Store 3737 Branch Ave, Temple Hills MD 20748 10am-12:30pm 10am- Coffee/Tea Chat 11am- Domino 12pm-Lunch 1pm- Coloring	16. 10am- Social Hour 11am- Music Hour 12pm-Lunch 1pm- Connect 4	17. 10am- Greet & Meet 11am-MLK Jr. Coloring Pictures 12pm-Lunch 1pm- Trivia/Music
	20.  MARTIN LUTHER KING JR DAY <u>SITE CLOSED</u>	21. B-Thrift Store 4917 Allentown Rd. Camp Spring, MD 20746 10am-12:30 10am- Social Hour 11am- Table Games 12pm-Lunch 1pm-Music Hour	22. 10am-Greet&Meet 11am-Chair Yoga 12pm-Lunch 1pm- M.L.King Trivia	23. 10am-Greet & Meet 10:30am-Bingo 12pm-Lunch 1pm-Craft Hour	24. 10am- Wild Tech Training w/Lou (Computer Training) 11am- Wild Tech Training w/Lou (Computer Training) 12pm-Lunch 1pm-Winter Scene Coloring Picture
	27. 10am-Sip&Chat 11am- Fitness w/Rodney 12pm-Lunch 1pm-Music Hour	28. 10am-Chat&Chew 11am-Art Session 11:30am-SNAP ED w/Ms.Lockett 12pm-Lunch 1pm-Tic-Tac-Toe	29. 10am- Social Hour 11am-Brain Buster 12pm-Lunch 1pm-Music	30. 10am-Greet&Meet 11am-Tech Express Library 12pm- Lunch 1pm-Word Search	31. 10am-Social Hour 11am-Brain Buster Games 12pm-Lunch 1pm-BIRTHDAY CELEBRATION

Part of the Senior Services Network – Supported by the Department of Aging and Community Living.