

EOTR PAUL L DUNBAR FRIENDSHIP CAFÉ 2001 15th st, NW

Ziairra Baughan-Owens, Outreach/Partnership Rec.
Coordinator
202-845-3378

December 2024



Sandra Jackson, Nutrition Aide Melanie Dailey, Recreation Coordinator

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|--|
| 2. 10:00am-Coffee/Tea Hour 11:00am-Holiday Conversations 12:00pm-Lunch 1:00pm-2pm BINGO | 3. 10:00am- Coffee/Tea Hour 11:00am- Arts and Crafts 12:00am- Lunch 1:00pm- 2pm DOMINOES | 4. 10:00am- Coffee/Tea Hour 11:00am- FREE ROBOTIC PET PRESENTATION W/ MS. ZEE 12:00pm- Lunch 1:00pm-2pm Crossword Puzzles | 5. 10:00am- Coffee/Tea Hour 11:00am-Arts and Craft 12:00pm- Lunch 1:00pm-2:00pm Cards EXCURSION: Amish Market 10am-2pm 5030 Brown Station Rd, Upper Marlboro, MD 20772 | 6. 10:00am- Coffee/Tea Hour 11:00am- Jewelry Making 12:00pm- Lunch 1:00pm-2pm Recipe Sharing EXCURSION: Rose's 10:30am-2pm 3737 Branch Ave Hillcrest Heights, MD 20748 | 3 December International Day of People with Disability |
| 9. 10:00am- Coffee/Tea Hour 11:00am- DIY Holiday Bouquets 12:00pm- Lunch 1:00pm-2pm Cards with Friends | 10. 10:00am-11am Coffee/Tea Hour 11:00am-12pm English as a 2 nd Language 12:00pm-1:00pm Lunch 1:00pm-2pm TRIVIA | 11. 10:00am- Coffee/Tea Hour 11:00am- Looming Scarfs & Hats 12:00pm- Lunch 1:00pm -2pm crafts Excursion: Mayors 26 th Annual Senior Holiday Celebration 10am-2pm DC ARMORY 2001 E Capitol St. SE | 10:00am- Coffee/Tea Hour 11:00am- Cards with Friends 12:00pm- Lunch 1:00pm-2pm What's New? Chit Chat | 10:30am-12pm Mental Health Counseling w/ Dr. Crawford 12:00pm- Lunch 1:00pm-2pm BINGO | Crohn's and Colitis awareness |

| 10:00am- Coffee/Tea Hour 11:00am- TRIVIA 12:00pm- Lunch 1:00pm-2pm English as 2 nd Language | 17. 10:00am- Coffee/Tea Hour 11:00am- Holiday Crafts 12:00pm-Lunch 1:00pm-2pm Continue to Loom | 10:00am- Coffee/Tea Hour 11:00am- Holiday Center Pieces 12:00pm- Lunch 1:00pm-2:00pm DOMINOES | 19. 10:00am- Coffee/Tea Hour 11:00am- Cards 12:00pm- 1pm Chef Demonstration w/ Food Jonezi 1:00pm-2:00pm Arts and Crafts | 20. 10:00am- Coffee/Tea Hour 11:00am- SPIRIT CLUB IN PERSON FITNESS & PARTY TIME! 12:00pm- Lunch 1:00pm- 2pm PARTY TIME! DINING SITE HOLIDAY PARTY | WORLD AIDS DAY |
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| 23. 10:00am Coffee/Tea Hour 11:00am EPD WAIVER PROGRAM PRESENTATION 12:00pm Lunch 1:00pm-2:00pm Group Discussion | 24. 10:00am- Coffee/Tea Hour 11am- Cookie Decorating 12:00pm- Lunch 1:00pm-2pm Cookies & Chat | Happy HolidaysIII Happy HolidaysIII Happy HolidaysII Happy HolidaysI | 26. 10:00am- Coffee/Tea Hour 11:00am- The Day After Talk 12:00pm- Lunch 1:00pm-2pm BINGO | 27. 10:00am- Coffee/Tea Hour 11:00am- Looming Scarfs & Hats 12:00pm- Lunch 1:00pm-2pm Continue your Looms | RAMADAN RAMADAN HAPPY HOLDAYSI KWANZAA |
| 30. 10:00am- Coffee/Tea Hour 11:00am- New Years Resolutions 12:00pm- Lunch 1:00pm-2pm CHIT CHAT | 31. 10:00am- Coffee/Tea Hour 11:00am- New Years Resolutions 12:00pm- Lunch 1:00pm-2pm BINGO New Years Eve! | | December is Handwashing Awareness Month | December 3: International Day of Persons with Disabilities December 2~8: National Handwashing Awareness Week December 4~8: National Influenza Vaccination Week | December 1-31 National Impaired Driving Prevention Month December 1-31: National Safe Toys and Gifts Month December 1: World AIDS Day December 1-7: Crohn's and Colitis Awareness Week |

Network – Supported by the Department of Aging and Community Living