



EOTR SENIOR HEALTH & WELLNESS PROGRAM
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December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1.	2. 	3.	4.	5.	
8.	9.	10. SHWP Presentation Penn Ave 3000 Pennsylvania Avenue SE 10:30am-11:30am	11. The Great Big Game Show 3345 M St NW, Washington, DC 20007 10am-12pm 6 seniors from Mayfair 5 seniors from Kenilworth	12. Movie Day Party With DHH/PT 11am-2pm 3440 Minnesota Ave SE	
15. 	16.	17. 27 th Annual Mayor Bowser's Senior Holiday Celebration 701 Mississippi Avenue SE 10:00am – 2:00pm SE Tennis and Learning Center	18. Secret Santa: Surprise Holiday bag drop off (Sites with the best attendance) (Kenilworth, Paul Laurence Dunbar, and Arthur Capper)	19. Holistic Horsemanship session 3 18915 Lincoln RD Purcellville, VA 20132 8am-2pm 22 seniors from WSWC	
22. Secret Santa: Surprise Holiday bag drop off (Sites with the best attendance)	23.	24. 	25.	26.	

29.	30	31		December is... HIV/AIDS Awareness Month, Safe Toys and Gifts Month, National Impaired Driving Prevention Month (Drunk and Drugged Driving Prevention), Universal Human Rights Month, Spiritual Literacy Month, Worldwide Food Service Safety Month, Write a Business Plan Month, Operation Santa Paws Month, Seasonal Depression Awareness, National Tie Month
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