



# NEW EOTR SENIOR HEALTH & WELLNESS PROGRAM

Providing services to address caregiver relief, food insecurity, and social isolation for seniors residing in Wards 1,7,8 and seniors attending the Washington Senior Wellness Center



Washington Seniors Wellness  
Center

3001 Alabama Ave SE,  
Washington, DC 20020

East River Family  
Strengthening Collaborative  
Senior EOTR Hub  
4020 Minnesota Ave NE,  
Washington, DC 20019

## Services Include:

Caregiver Respite Care

Emergency Food Services

Social Engagement Events

Informative Sessions

Travel Opportunities

Reassurance Calls

WSWC upcoming ZEN  
Tranquility Room

Want to learn more about the program?  
Contact Kajah Watkins, Outreach Coordinator  
202-423-6725  
[KWatkins@erfsc.org](mailto:KWatkins@erfsc.org)

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