

SCHOOL NEWS

OAK PARK MONTESSORI

June / July 2023





SCHOOL INFORMATION

Nut Free School – please do not send snacks or foods containing nuts.

School Birthday Policy- We will celebrate your child’s birthday with a traditional Montessori birthday “walk around the sun”.

Please, no cupcakes or candy, only individually wrapped fruit bars (store bought and packaged), yogurt, etc. are a few examples of what is allowed. No toys or gift bags.

Sick Policy - Please do not send your child to school if they have a fever, runny nose or /and cough. If child has a fever, he/she must be 24 hours fever free (without use of fever reducing medication) in order to return to school.

Please do not send your child to school if they have green or yellow mucus, or any inflammation or redness in or around the eyes. Possible symptoms for pink eye.

If your child has any symptoms, we may call and ask you to pick up your child. The health and safety of our students, families and staff are our priority. Thank You for your continued support.

IMPORTANCE OF A HEALTHY BREAKFAST

As we know, breakfast is the most important meal of the day. Breakfast fuels up the body to face the day’s activities.

Children have such busy mornings at school that they need a healthy start.

Please remember to have your child eat their breakfast BEFORE coming to school. Sometimes if you’re running late, a fast breakfast in the car on the way to school works too.



THE PARENTS' CORNER

Potty training is a big transition for toddlers, and potty-training boys and girls can be very different endeavors.

It can be a challenging time as a parent, requiring a lot of patience to help your little one successfully takes this big step. Here's how to know your child is ready for potty training, plus tips on how to be successful with potty training the first time around.

When to start potty training

Potty training is a unique experience for every child. Some children may be ready as early as 18 to 24 months, while others may be 3 before they are ready.

Nurse practitioner [Rebecca Cesa](#) recommends waiting until a child is 2-1/2 to 3-1/2 years old, because “that is when they have enough brain and bladder development to train successfully,” she said in a recent [Cleveland Clinic](#) article. “Forcing children to do something they're not ready for can affect their development. Children can develop anxiety, especially around their parents, which can have repercussions on the parent-child relationship.”

The [Mayo Clinic](#) suggests asking yourself the following questions to assess your child's readiness:

- Can your child walk to and sit on a toilet?
- Can your child pull down their pants and pull them up again?
- Can your child stay dry for up to two hours?
- Can your child understand and follow basic directions?
- Can your child communicate when they need to go?
- Does your child seem interested in using the toilet or wearing “big kid” underwear?

If most of your answers were yes, then your child may be ready. If they were mostly no, then you may want to wait. If you start too early, it will take longer to train your child.

Consider holding off on potty training if there are any significant changes in the home. A move to a new house, a new sibling or a family crisis can make this time more challenging.

How to potty train a toddler

[Dr. Abigail Klemsz](#) said in a recent [Riley Hospital for Children](#) article that, “Regardless of the method you use, your child is mostly going to dictate how quickly the potty training goes, so your biggest job is to behave in a positive manner, and not to make the experience negative.”

[Nemours KidsHealth](#) recommends the following before toilet training begins:

- Use consistent words to describe using the bathroom, for example, “pee, poop and potty.”
- Have a potty chair in the house they can sit on while clothed.
- Identify their behaviors; if you notice them having a bowel movement, ask, “Are you going poop?”

- Read books about potty training.
- You can dispose of the contents of a dirty diaper in the toilet and have your child flush the toilet. Let them observe you or a sibling using the bathroom and explain what happens.

The Mayo Clinic recommends using a fixed schedule when potty training begins:

- First thing in the morning
- When waking up from a nap
- Every two hours during the day
- Twenty minutes after a meal or if they drank a lot of fluids.
- Reading a book or playing with a toy can make this time enjoyable. Offer praise for simply sitting on the toilet. Don't force your child to stay on the potty; you can always bring them back to the potty in 30 minutes.
- If your child shows signs of needing to use the toilet, help them stop what they are doing and use the bathroom. Have them wear loose, easy-to-remove clothing.
- How to potty train a girl
- Potty training girls is a little different than boys. Teaching a girl how to wipe herself from front to back is necessary to prevent infections. The National Children's Trust suggests teaching them how to pat themselves dry if they can't master front to back. If necessary, you can help clean her bottom after a bowel movement.
- How to potty train a boy
- When potty training boys, it is easier to train them to pee sitting down and then move to standing up after bowel training is complete. If they insist on standing up, it is OK to let them. You can always add a "target" to the toilet to help them practice their aim.
- How long does potty training take?
- According to UC Davis Health, potty training takes about six months. Firstborn children tend to take longer, and girls tend to train sooner. Eighty percent of families will experience difficulties during potty training. Even if they are successful during the day, they may need diapers or pull-ups when sleeping.
- If your child isn't progressing, it is OK to stop training and try again in two to three months. Your pediatrician can provide advice and support along the way.

LABEL YOUR CHILD'S BELONGINGS

Parents, please make sure that your child's name is on all their belongings – such as lunch bags, if they are bringing lunch to school, water bottles, jackets, and sweaters. Write their name on the bottom of their shoes as well.

(Children sometimes have the same pair of shoes)

We ask that you label these items so that if it is lost or misplaced, we can return it to your child in a timely manner. It will be helpful to our staff and you if your child's name is on their personal items, as sometimes other children have the very same item as your child does.

Immunization Updates:

If your child has had his or her immunization updated, please notify our school administration so we are able to keep student files current. If you are unsure of any immunization requirements, please email or call our office for any questions. We can not accept a child into Oak Park Montessori who is not immunized. Any new information: address change, phone numbers, etc. Please notify school.

Authorized Pick Up List

Please email our office at:

oakparkmontessori@gmail.com when adding persons authorized to pick up your child and on the day certain persons will be picking up.

We require full name of person and a photo ID.

We will NOT release your child to persons not on your list or if we do not receive an email letting us know.

CLOTHING REMINDER

As we are all aware, the children at school participate in a variety of activities each and every day, it is important that the children come to school dressed comfortably and in play clothes.

Please provide extra clothes so that we can keep them at school in case there is a potty accident.

The children are required to wear closed toe shoes to school. Please dress your child appropriately according to the weather. As weather can be unpredictable, pack an extra jacket or put layers on the children.

Please keep 2 sets of extra clothes, pull – ups, diapers and wipes at school. If your child happens to borrow any school clothing items, please wash and return to the school the following day.

THANK YOU!!

LATE PICK UP

Our school closes promptly at ***6 p.m.***

Please pick your child up by closing time as our staff have personal obligations to attend to after work. There is a late pick up fee that is ***due on the spot to the teacher on staff*** for parents picking up children after closing time.

There is a 10-minute grace period. If your child is picked up after the grace period, a \$1.00 per minute fee will be charged. There are no exceptions. We thank you for doing your best to arrive on time. If you have any questions, please see the Director.

We know emergencies arise and we are not always able to predict traffic situations. When teachers are in the classroom for after care, we are not always able to check our emails in a timely manner. If you are notifying us of a late pick up, please call our school number at **818-532-7006**

Oak Park Montessori!!

We take great pride in our school and great respect in the care of your children. If you have any questions or concerns, please do not hesitate to email us or call:

montessorioakpark@gmail.com

ARRIVING TO SCHOOL ON TIME

We are sure that you are already aware of the importance of having your child arrive to school on time, but there are times when arriving late cannot be avoided. If your child will be late, please call our school – 818-532-7006 or send an email to : montessorioakpark@gmail.com and let us know when to expect your child to arrive.

This will help the teachers to determine the snack and lunch count for the day.

SCHOOL BUSINESS

Tuition Payments

Monthly tuition is due the FIRST of each month and no later than the 5th of the month.

If tuition is received AFTER the grace period, it is considered late, at which time a late fee of \$25 will apply.

Sign In and Out

Please sign your child IN / OUT on a daily basis. By law, we are required to have all of our parents sign their child in upon arrival and out when picking up at end of their day.

Potty Trained

Your child is considered FULLY potty trained if they do not have any accidents for one month straight.

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As we continue to work together, we ask for your patience and understanding if any maintenance work is required during school hours. The safety of our students is always a priority. We will communicate and notify you if there will be a need to close the school earlier than usual (and will provide detailed information)

THANK YOU!

Allergies

Please have an EpiPen and provide the school with one if your child has allergies.

Label the EpiPen to keep at school in case of emergencies.

If your child is experiencing any of these symptoms: fever, nasal congestion, cough, runny nose, sore throat, diarrhea or shortness of breath, please keep your child home and see your physician. We require a note from your doctor stating your child is cleared to return to school. We continue to abide by the CDC guidelines for the safety of our students, parents, and staff.



July 4th

Independence Day -SCHOOL CLOSED

July 27th

SCHOOL CLOSED (Cleaning and Prep for school to start)

July 28th

SCHOOL CLOSED (Cleaning and Prep for school to start)

July 31st

SCHOOL CLOSED (Teacher Prep)

August 1st

First Day of School



Our care of the child should be governed, not by the desire to make him/her learn things, but by the endeavor always to keep burning within him/her that light which is called intelligence.”

-Dr. Maria Montessori

The two phrases for the months are:

July: I Can

August: Blessed

MONTHLY THEMES

July: Disability Pride Month/ UV safety awareness month/Wild about wildlife month

August: World Cancer support month/National Immunization Awareness month/Don't be a bully month.



July

2023

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					





AUGUST

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

