## AFTERCARE INSTRUCTIONS - 24/48 HOURS

- 1. After waxing your hair follicles need time to close. Avoid spreading bacteria by minimizing skin-to-skin contact on the newly waxed area.
- 2. No sports, gym, exercise, sunbathing, or tanning beds.
- 3. Do not apply any perfumes, body sprays, deodorants, powders, lotions, or any other products not recommended.
- 4. No swimming pools/beach, saunas, hot tubs, or steam treatments.
- 5. No sexual activity if waxed in this area.
- 6.Do NOT shave between appointments. Waxing is meant to thin hair growth. Shaving will cause the hair to become coarse again.
- 7. After yo<mark>u begin waxing, exfoliating must become a</mark> part of your daily routine. Use aftercare products to ensure the best results and prevent ingrown hairs.
- 8. Not only is it important to remove any dead skin layers, but it is also very important to hydrate and revitalize new skin growth.
- 9. Rebook every 4 weeks. This is the perfect time to plan your next wax to minimize pain and discomfort and give you the best results.

