









SWIM COURSE

Swim Cap	Buoy	
		Sprint: 1 Lap (.5 mi)
		Intermediate: 1 Lap (1 mi)
		Half: 1 Lap (1.2 mi)
		Full: 2 Laps (2.4 mi)



PENN
YAN

INDIAN
PINES PARK

FINISH

START

54

54A

KEUKA
LAKE



FIRSTKNIGHT
RACING

