



November 22 - November 24, 2024

Chateau On the Lake Resort Spa and Convention Center

415 North State Highway 265

Branson Missouri 65616 US

Men's Side

Saturday, November 23, 2024

Session: Session 1

Level 3 & 4 D1 & 2 (Men)

55 Gymnasts

Saturday, Nov 23, 2024

Clubs: 316 Gymnastics Academy, Branson Ultimate Gymnastics, Champions Gymnastics Center Inc., McAlester Elite Gymnastics Academy, Ohana Gymnastics, River Valley Gymnastics, Springfield Gymnastics and Aquatics Center, St. Louis Gym Centre

Format: Modified Capitol Cup

Open Stretch Begins: 9:00am

March In: 9:30am

Awards: 12:30pm

Session: Session 2

Level 5-10 (Men)

67 Gymnasts

Clubs: 316 Gymnastics Academy, Champions Gymnastics Center Inc., McAlester Elite Gymnastics Academy, Mercury Gymnastics, Ohana Gymnastics, River Valley Gymnastics, Springfield Gymnastics and Aquatics Center, St. Louis Gym Centre

Format: Modified Capitol Cup

Open Stretch Begins: 12:30pm

March In: 1:00pm

Awards: 3:30pm