



Board of Directors

Recruitment Announcement

We're developing our Board of Directors and invite folks with a passionate for mental health and a commitment to building the global mental health space to consider joining us.

About Our Organization

The International Mental Health Association is a 501c3 non-profit organization based in the United States with global activities. Our mission is to build a healthier world and we do this through capacity building in the global mental health space.

Our current programs focus on capacity building at the intersections of mental health and racial justice, migration and youth entrepreneurship. Earth health, art and gender are secondary foci of each program.

Our organizational culture runs on collaboration, humility and creativity. We're constantly learning and like working with people who are too. We believe innovation flows from community, so we pursue work that our partners prioritize. Our only agenda is to support our partner network in building their capacity so that they can achieve better mental health.

Ultimately, we're not here to employ ourselves, we're here to work ourselves out-of-a-job. It's important to us that our Board of Directors is committed to this orientation and sees this as an opportunity to develop the global mental health space, not just our organization. Advancing equity in this field is challenging and requires a high degree of cultural humility.

Commitment & Timeline

Our Board of Directors typically meets 4 times a year, with infrequent, circumstantial exceptions. Meetings take place via Google Meets, Zoom or Whatsapp. We ask that applicants are prepared to make a 2-year commitment. If invited to join, please be ready to start from July 1st, 2022.

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Roles & Responsibilities

- Engage with our leadership team to promote internal & external practices that promote wellness and positive mental health for all stakeholders.
- Provide support to our leadership team, including Executive Director, through; facilitating any incoming, outgoing or lateral role-transitions, providing oversight and advising our leadership team on key decisions related to organizational health and functioning.
- Participate in strategic, organizational planning activities pertaining to programs, finances and long-term vision.
- Meaningfully contribute to the financial wellbeing of IMHA through; fundraising & development activities, financial oversight and planning related to sustainable growth.
- Collaborate with our leadership team to build a well-functioning board that aligns with the key frameworks* central to our mission; affirming-Blackness, culturally-grounded, decolonized, participatory, strengths-based and trauma-informed.
- Ensure legal and ethical integrity that aligns with local, national and international standards.
- Actively build IMHA's community as-aligned with programmatic goals and long-term vision.
- Provide mentorship on an as-needed basis to leadership team and core team members as-aligned with the specific skills, talents and perspectives you bring to the table.

**These are evolving practices - we do not require board members to be experts in any specific practice, but all board members must demonstrate a commitment to learning and engaging with these frameworks and practices.*

To Apply

Please fill out the (short) application form linked on our website and reach out to team@imha.ngo with any questions, reflections or ideas. Thank you!