

Grief Bridge Online Resource Guide

Immigrant, Refugee & Multilingual Support

- Refugee Health Technical Assistance Center: <http://refugeehealthta.org/>
- International Rescue Committee – Mental Health: <https://www.rescue.org/topic/mental-health>
- National Immigrant Women's Advocacy Project: <https://niwaplibrary.wcl.american.edu/>
- Find a Bilingual Therapist – Psychology Today: <https://www.psychologytoday.com/us/therapists/bilingual>
- LanguageLine Solutions: <https://www.languageline.com/>
- Mental Health America – Spanish Resources: <https://mhanational.org/es>